



L'Evoluzione della
Diabetologia alla luce del
Piano Nazionale Diabete

XX CONGRESSO
NAZIONALE
2015



Centro Congressi
Magazzini del Cotone
Genova
13|16
MAGGIO 2015

Simposio Aziendale Janssen Cilag

Gli inibitori SGLT2: nuovi obiettivi e nuovi
traguardi nel trattamento
del diabete di tipo 2

A chi, come e quando
sommministrare un inibitore
SGLT2?

Stefano Genovese
Diabetes, Endocrinology and
Metabolic Diseases Unit



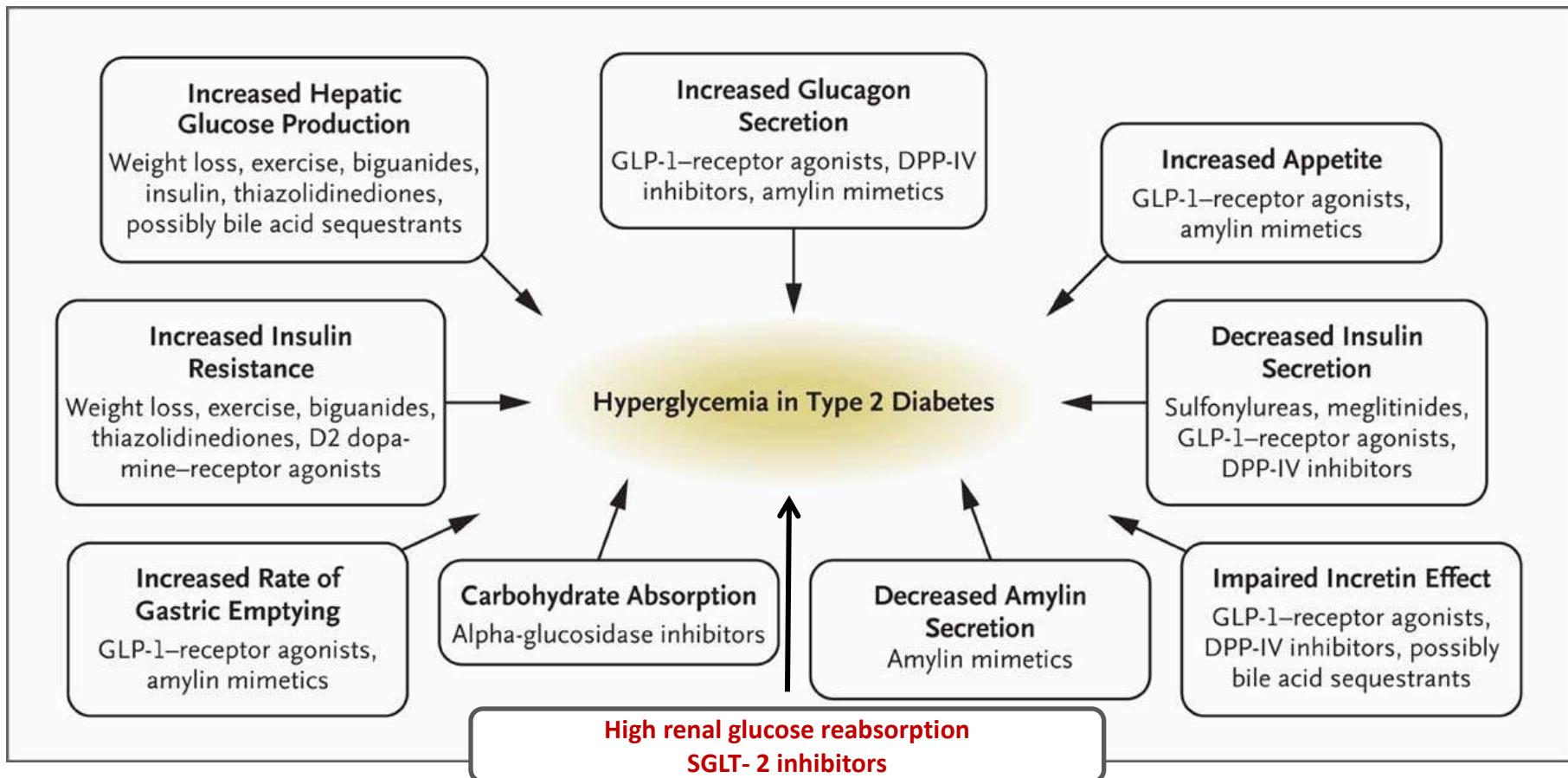
Disclosure Statement

- Stefano Genovese, in the last three years, has received speaking and/or consulting fees from:
 - Abbott Diabetes Care
 - AstraZeneca
 - BoehringerIngelheim
 - Bristol-Myers Squibb
 - Eli Lilly
 - Janssen
 - Lifescan
 - Merck Sharp &Dohme
 - Novartis
 - Novo Nordisk
 - Takeda
- and research grants from
 - Novartis

Characteristics of a “good” drug

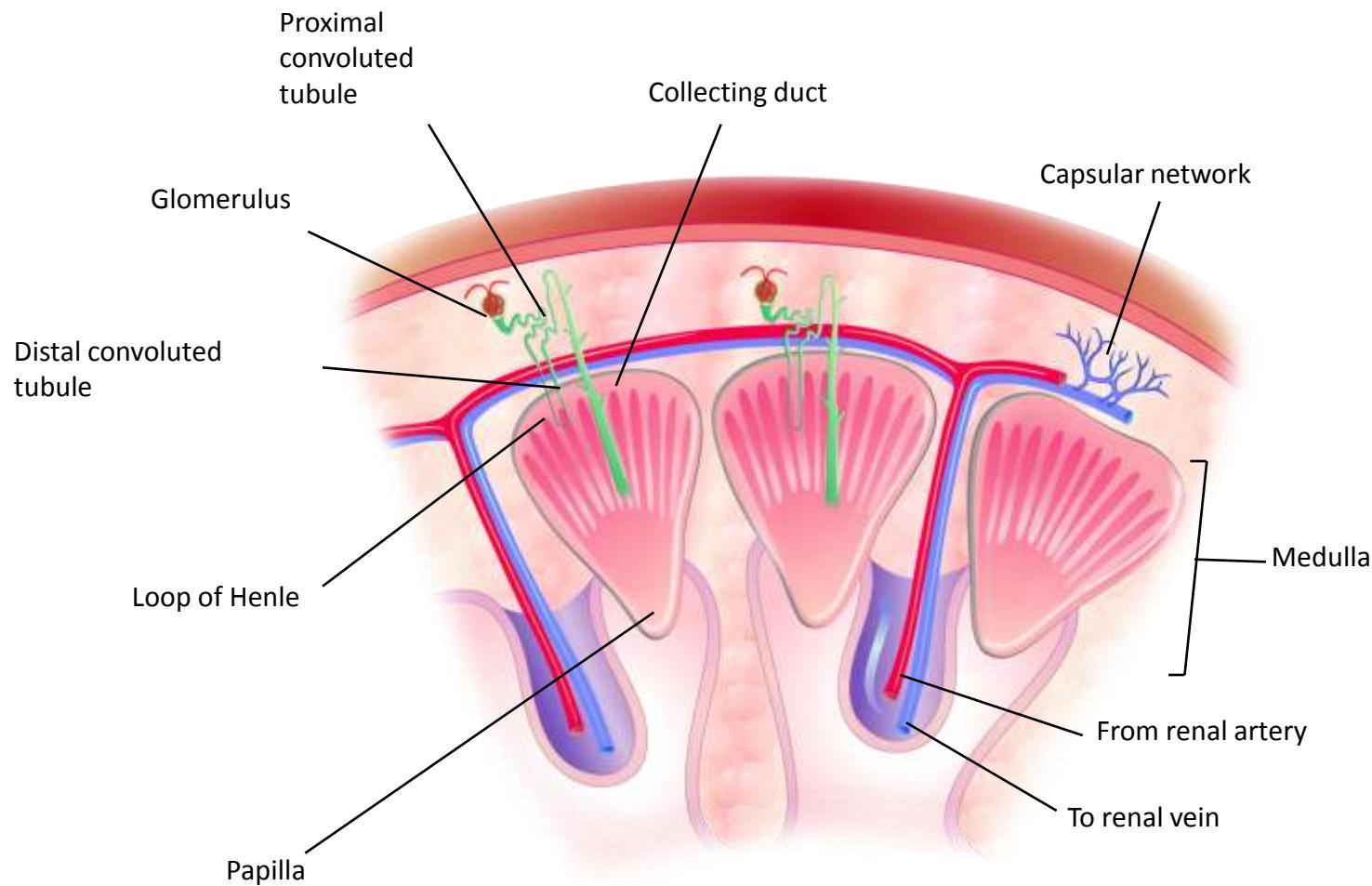
- Efficacy
- Safety
- Other Clinical Advantages
- No/Few Adverse Effects
- Reasonable Cost/Value

Terapia del diabete tipo 2 basata sulle alterazioni fisiopatologiche

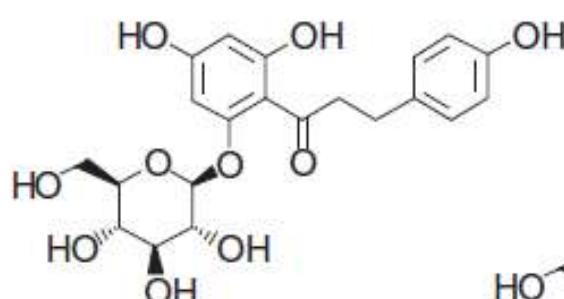


The NEW ENGLAND
JOURNAL of MEDICINE

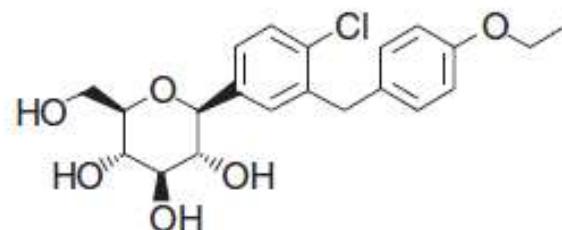
Major functional elements of the kidney



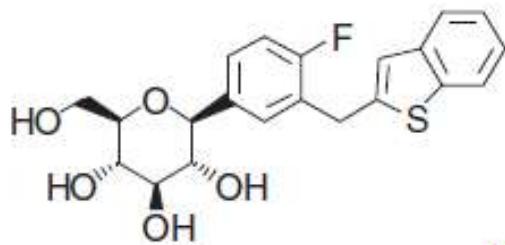
Strutture chimiche degli inibitori di SGLT 2



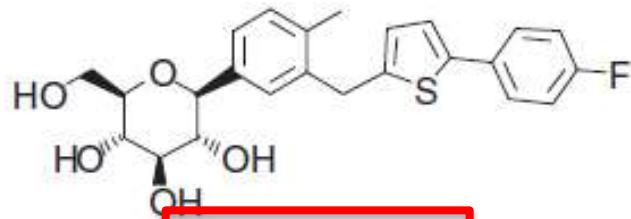
Phlorizin



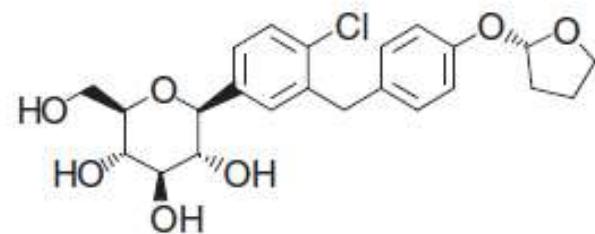
Dapagliflozin



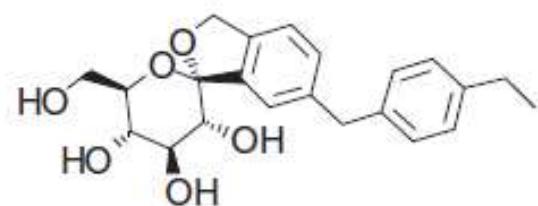
Ipragliflozin



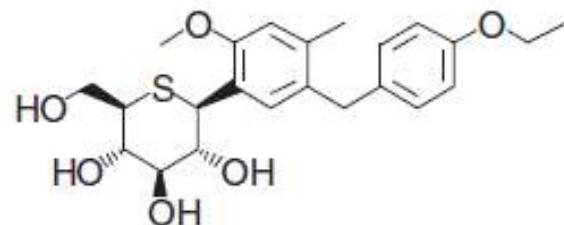
Canagliflozin



Empagliflozin



Tofogliflozin



Luseogliflozin

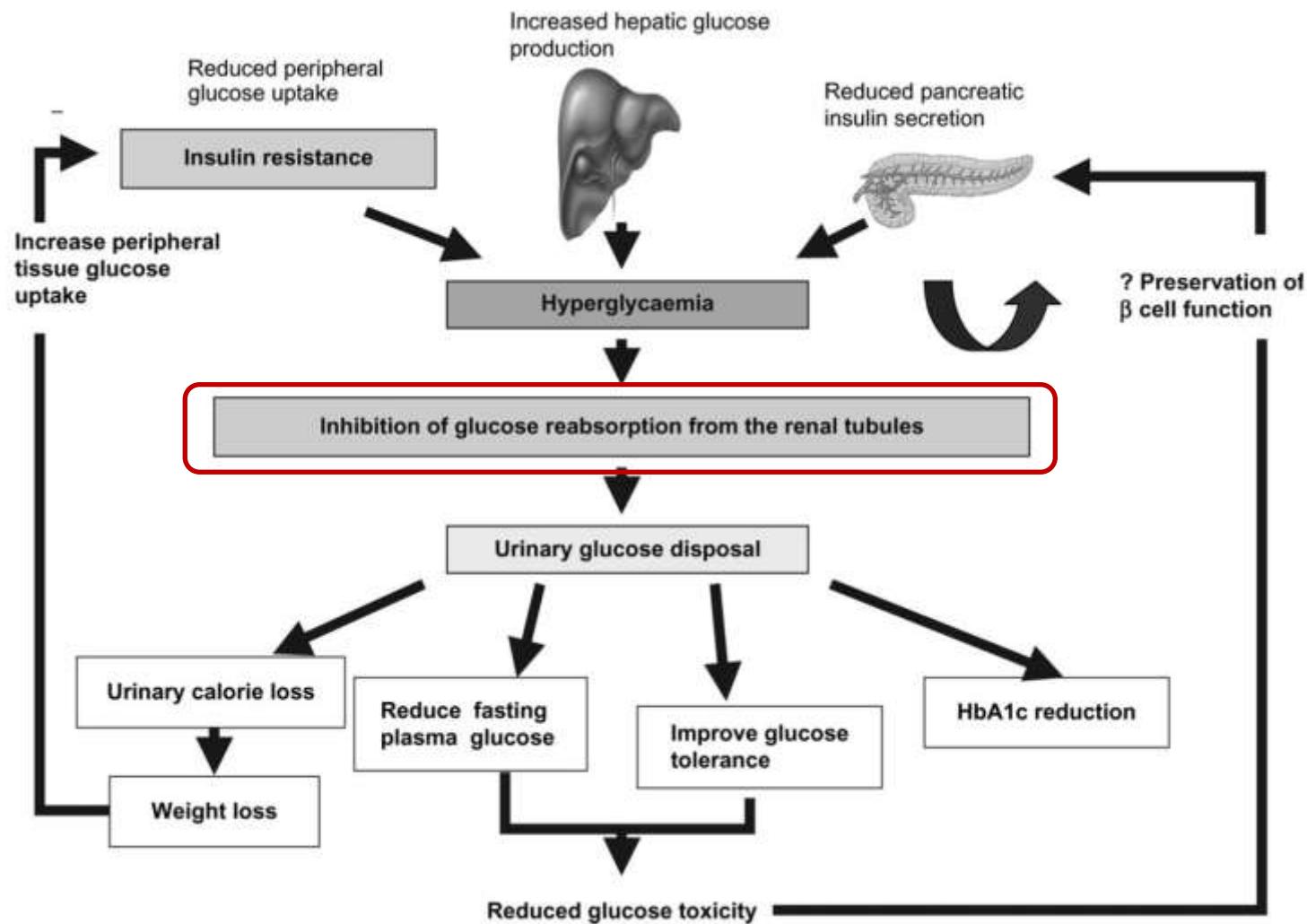
Selectivity of SGLT2 inhibitors vs SGLT1

Compound	IC50 (nM)		pIC50 (nM)	
	SGLT2	SGLT1	SGLT2	SGLT1
Empagliflozin	3.1	8,300	8.50±0.0 2	5.08±0.0 3
Dapagliflozin	1.2	1,400	8.94±0.0 6	5.86±0.0 7
Canagliflozin	2.7	710	8.56±0.0 2	6.15±0.0 6
Ipragliflozin	5.3	3,000	8.27±0.0 4	5.53±0.0 2
Tofogliflozin	6.4	12,000	8.18±0.1 2	4.92±0.0 9

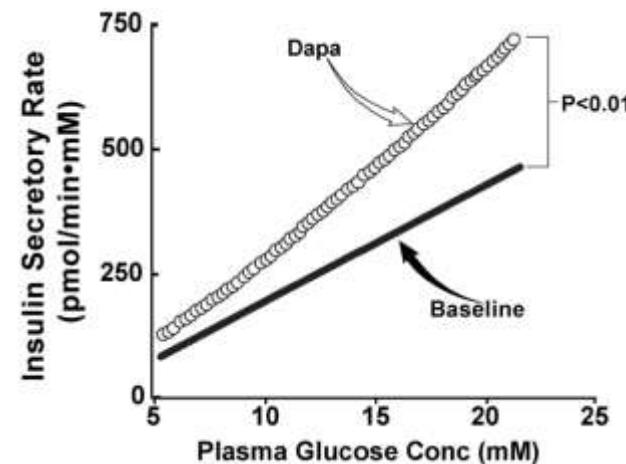
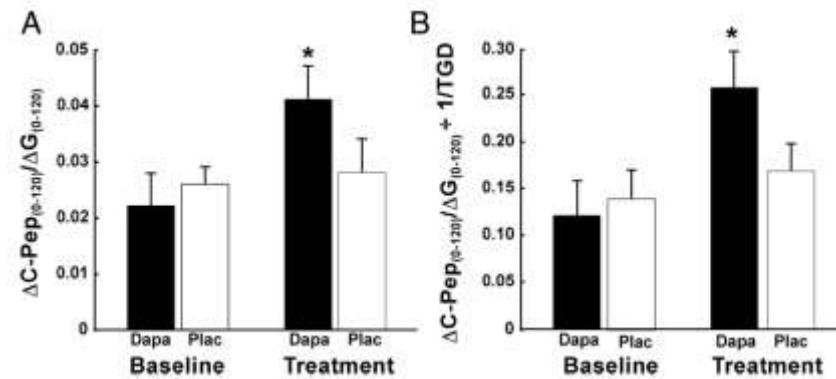
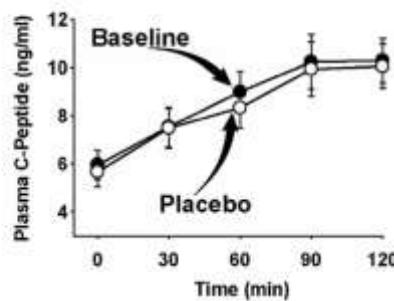
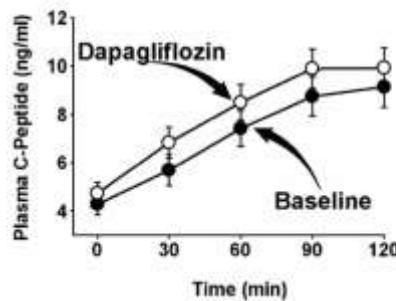
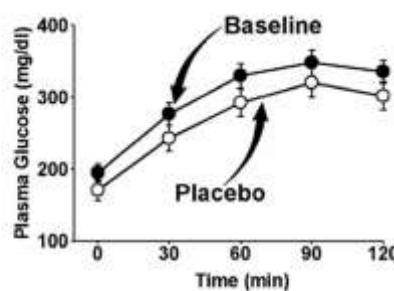
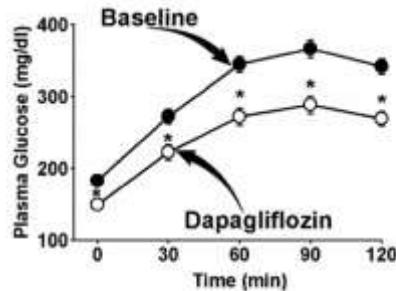
Razionale per l'utilizzo terapeutico degli inibitori del SGLT- 2

- Nei soggetti diabetici tipo 2 e 1 Tm_G è aumentato del 20-40%
- Nelle cellule tubulari renali dei diabetici in cultura sono aumentate rispetto ai non diabetici l'espressione di SGLT- 2, la sua concentrazione e la sua capacità di trasporto di glucosio (*difetto intrinseco o adattamento?*)
- Nel ratto pancreatectomizzato al 90% la resistenza periferica ed epatica all'insulina ed il difetto beta-cellulare acquisito sono totalmente ripristinati dalla florizina
- La glicosuria cronica non è dannosa: la glicosuria renale familiare è una malattia benigna

Rappresentazione schematica degli effetti clinici degli inibitori di SGLT- 2



Dapagliflozin Lowers Plasma Glucose Concentration and Improves Beta Cell Function



Conclusions: Lowering the plasma glucose concentration with dapagliflozin markedly improves beta cell function, providing strong support in man for the glucotoxic effect of hyperglycemia on beta cell function

Canagliflozin

Canagliflozin clinical trial programme

Monoterapia

Monoterapia
26/26 sett., n = 587

Duplice combinazione

Add-on a SU
18 sett. , n = 127

Triplice combinazione

Add-on a MET/PIO
26/26 sett., n = 344

Insulina +/- orali

Add-on a insulina
18 sett, n = 1,718

Add-on a MET vs GLIM
52/52 weeks, n = 1,452

Add-on a MET/SU
26/26 weeks, n = 469

Add-on a MET vs placebo vs
SITA
26/26 sett., n = 1,284

Add-on a MET/SU vs SITA
52 sett., n = 756

Controllo placebo
Controllo attivo

Studi in popolazioni speciali di diabetici t2

Studi controllati con placebo /add-on a trattamento antidiabetico corrente

Anziani : sicurezza sull'osso e
composizione corporea
26/78 sett., n = 716

Insufficienza renale
26/26 sett., n = 272

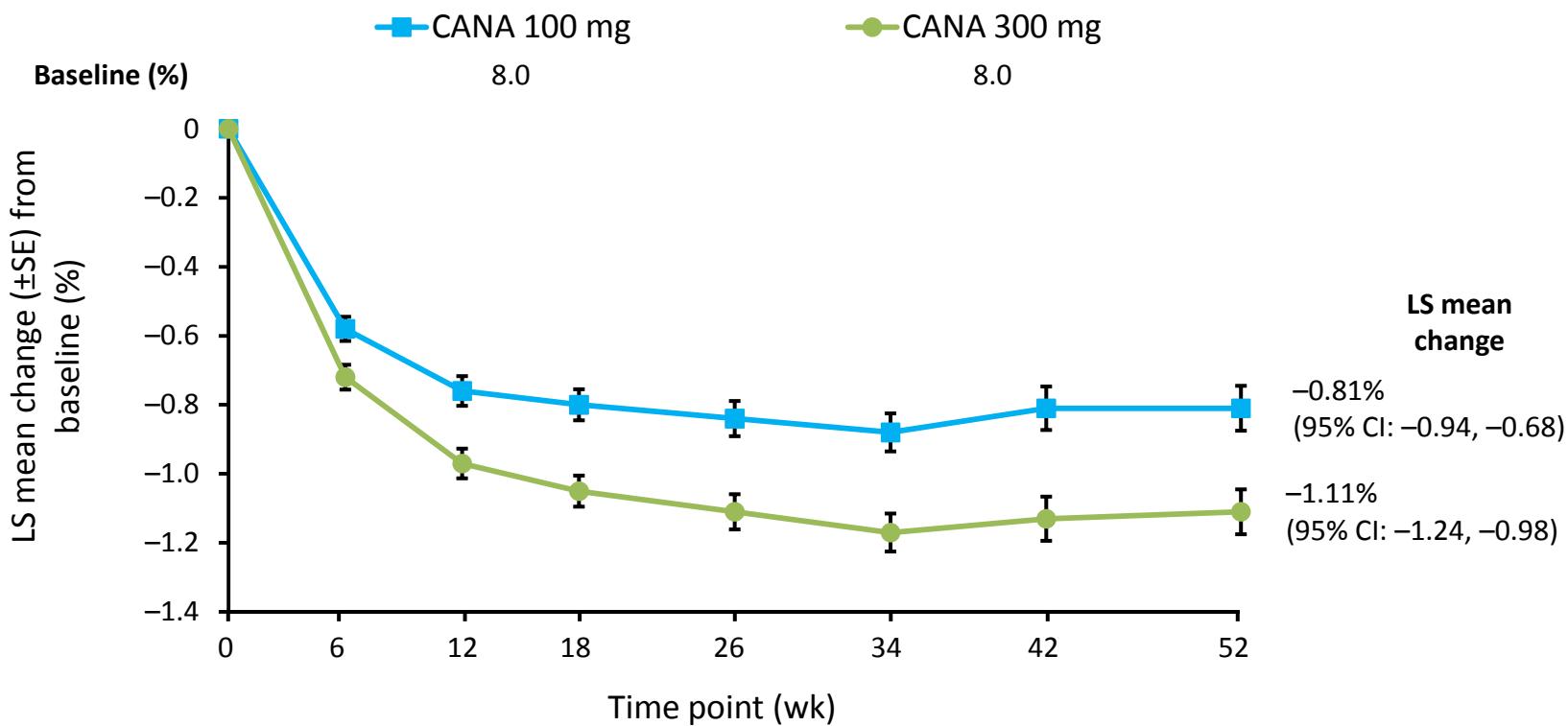
Sicurezza CV (CANVAS)
eventi , n = 4,330

Limitazioni alla rimbosabilità - AIFA

- La prescrizione dei farmaci inibitori di SGLT-2 è soggetta a diagnosi e piano terapeutico rinnovabile ogni 6 mesi da parte di centri specializzati, Universitari o delle Aziende Sanitarie, individuate dalle Regioni e dalle Province autonome di Trento e Bolzano
- La rimborsabilità a carico del S.S.N. in regime di dispensazione RRL-PT/PHT, nel rispetto delle avvertenze della scheda tecnica dei singoli farmaci, è limitata ai pazienti adulti con diabete tipo 2 nelle seguenti condizioni:
 - In monoterapia, nei pazienti intolleranti alla metformina nei quali l'utilizzo di un diverso ipoglicemizzante risulti controindicato o non appropriato.
 - In associazione a metformina (duplice terapia) nei casi in cui l'utilizzo di un diverso ipoglicemizzante risulti controindicato o non appropriato.
 - In associazione a insulina, con o senza metformina

Monoterapia

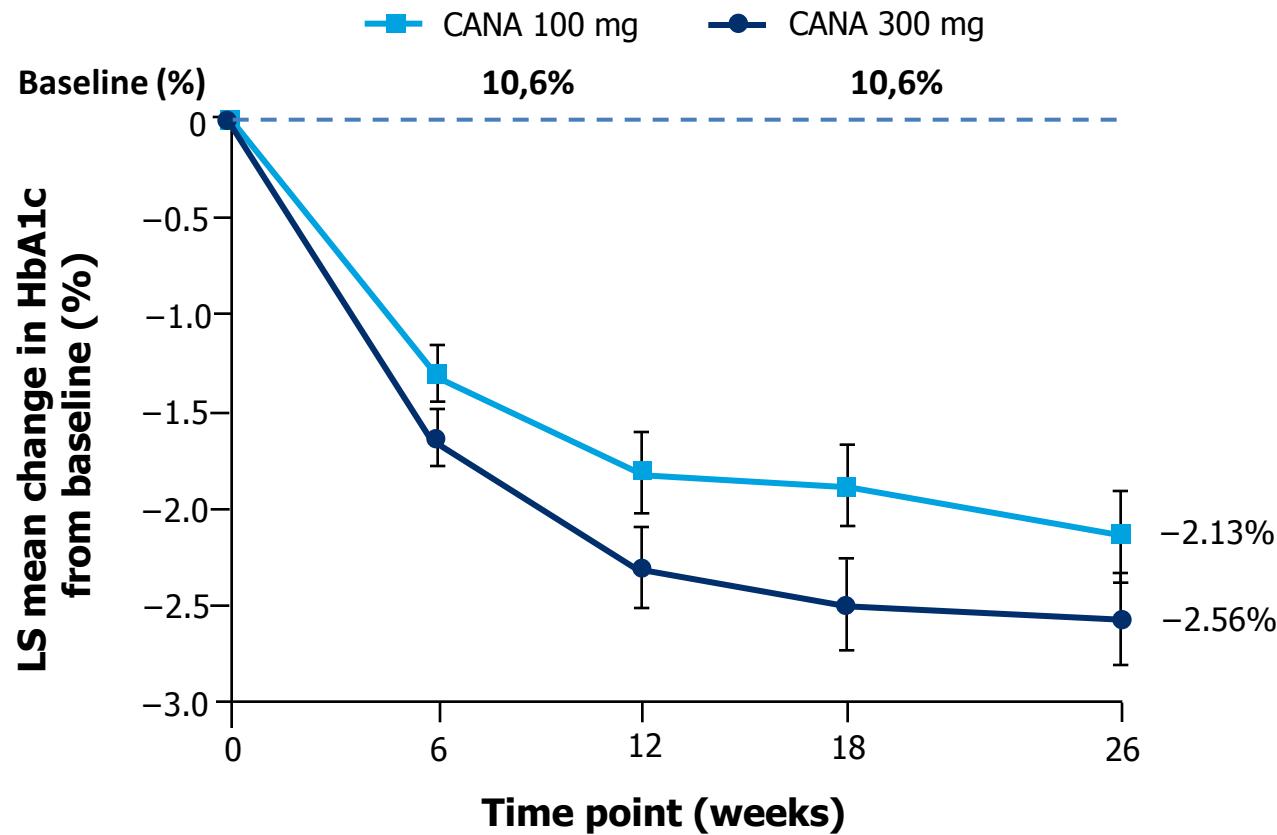
Change in A1C (LOCF)



Proportion of subjects who achieved A1C <7.0%: 52.4% (CANA 100 mg) and 64.5% (CANA 300 mg); A1C <6.5%: 22.9% (CANA 100 mg) and 30.1% (CANA 300 mg).

LOCF, last observation carried forward; LS, least squares; SE, standard error; CI, confidence interval.

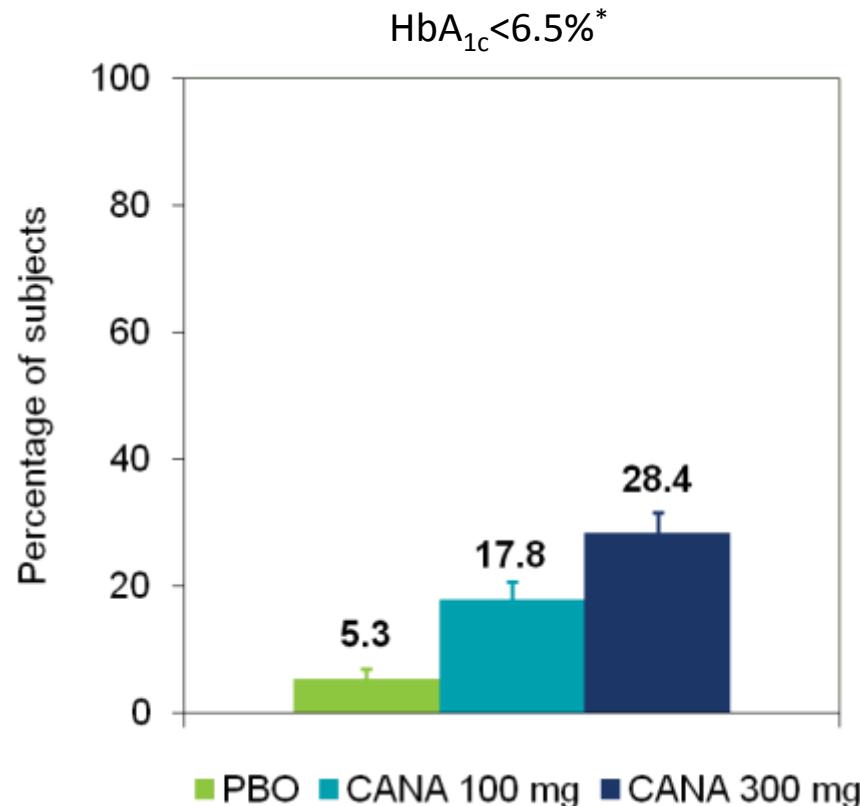
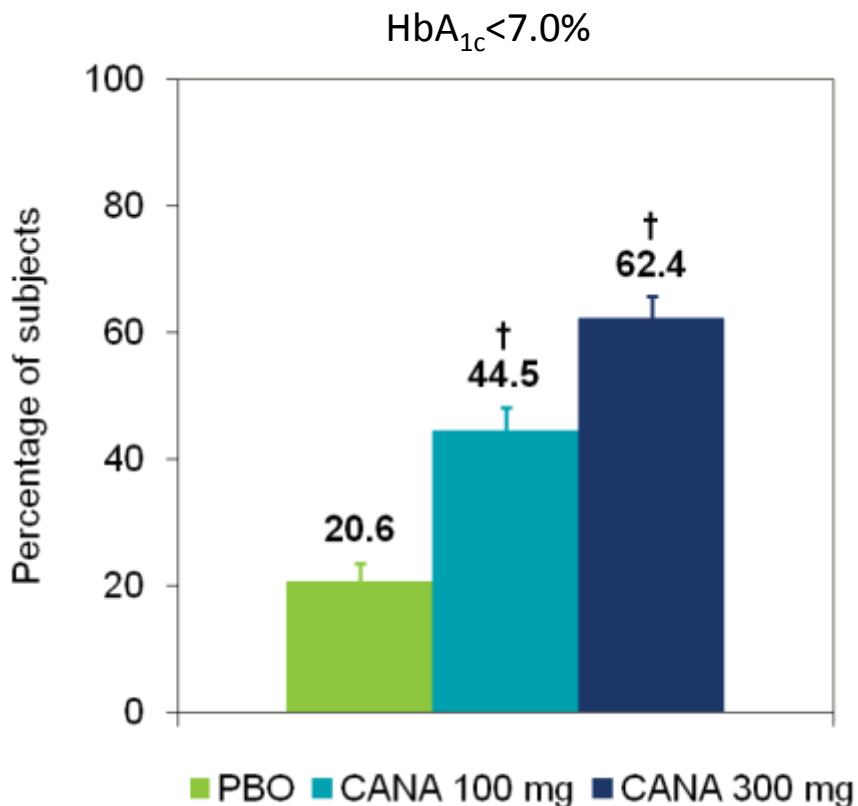
Efficacy – High Glycaemic substudy



Vertical bars represent standard error.

CANA, canagliflozin; LOCF, last observation carried forward; LS, least squares;

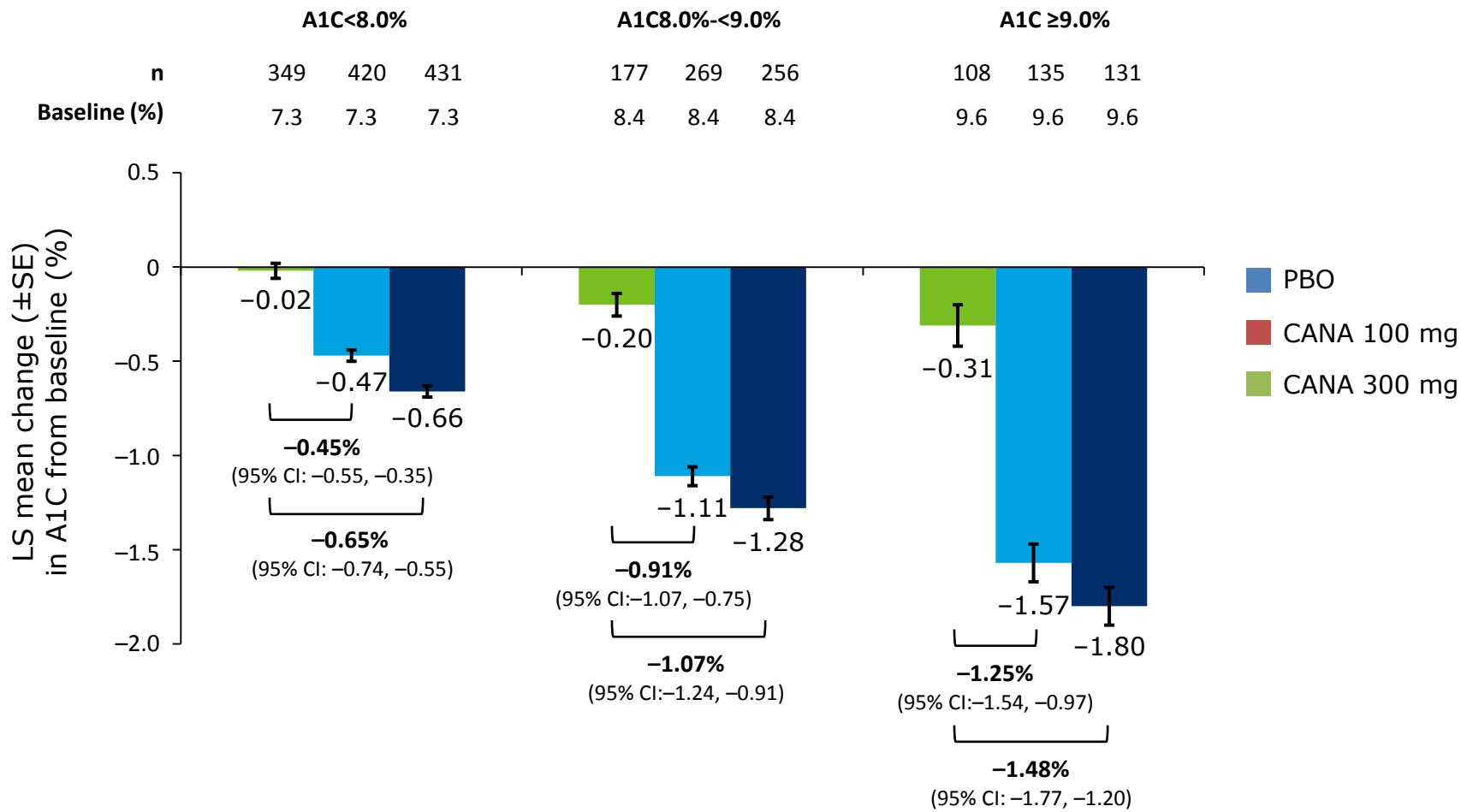
Proportion of Subjects Reaching HbA_{1c} Goals



[†]*P*<0.001 vs placebo; *Statistical comparison for Canagliflozin 100 and 300 mg vs placebo not performed (not pre-specified).

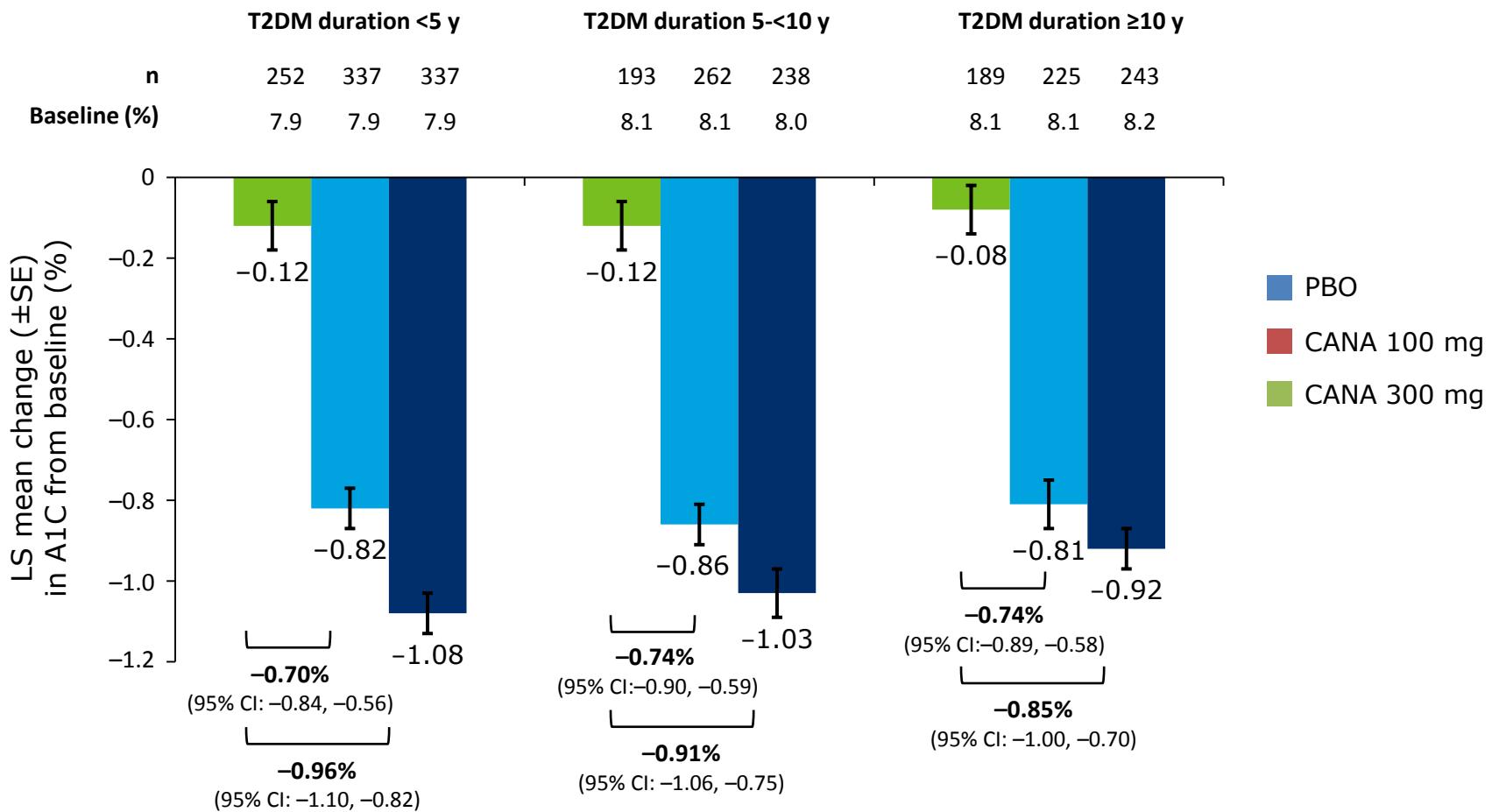
PBO, placebo; CANA, canagliflozin; mITT, modified intent-to-treat; LOCF, last observation carried forward.

Change in A1C by Baseline A1C (LOCF)



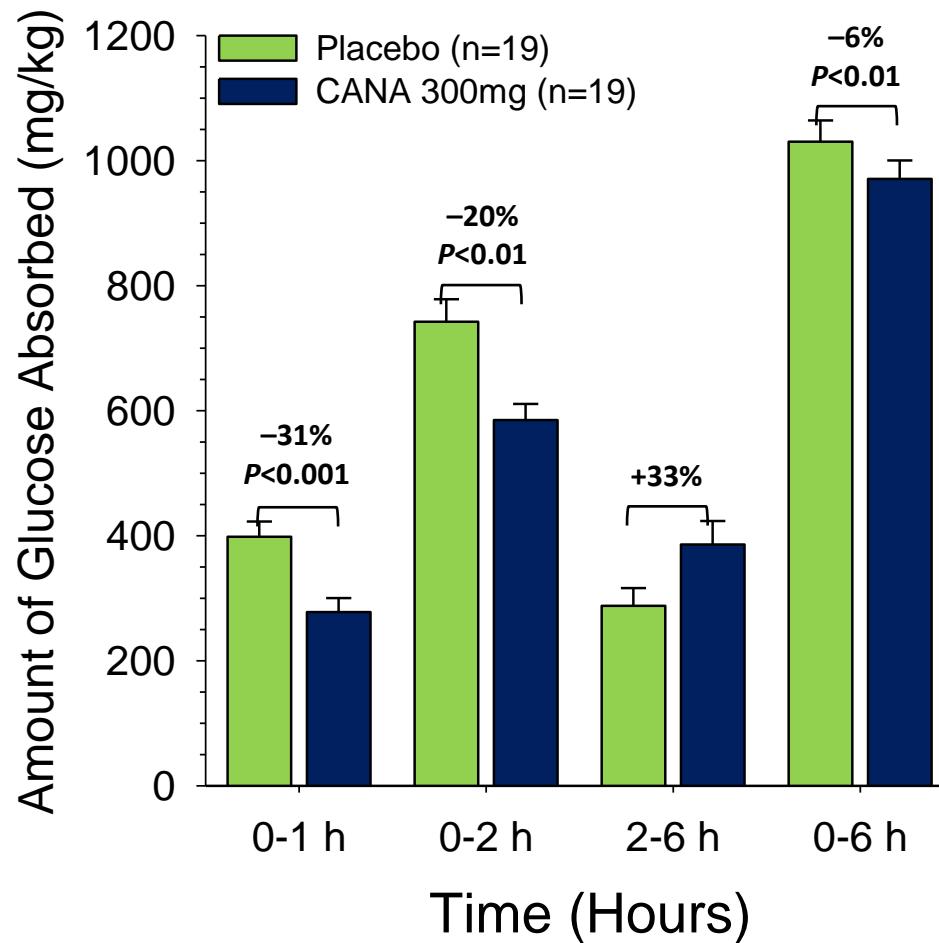
LS, least squares; SE, standard error; CI, confidence interval.

Change in A1C by Known Duration of T2DM (LOCF)

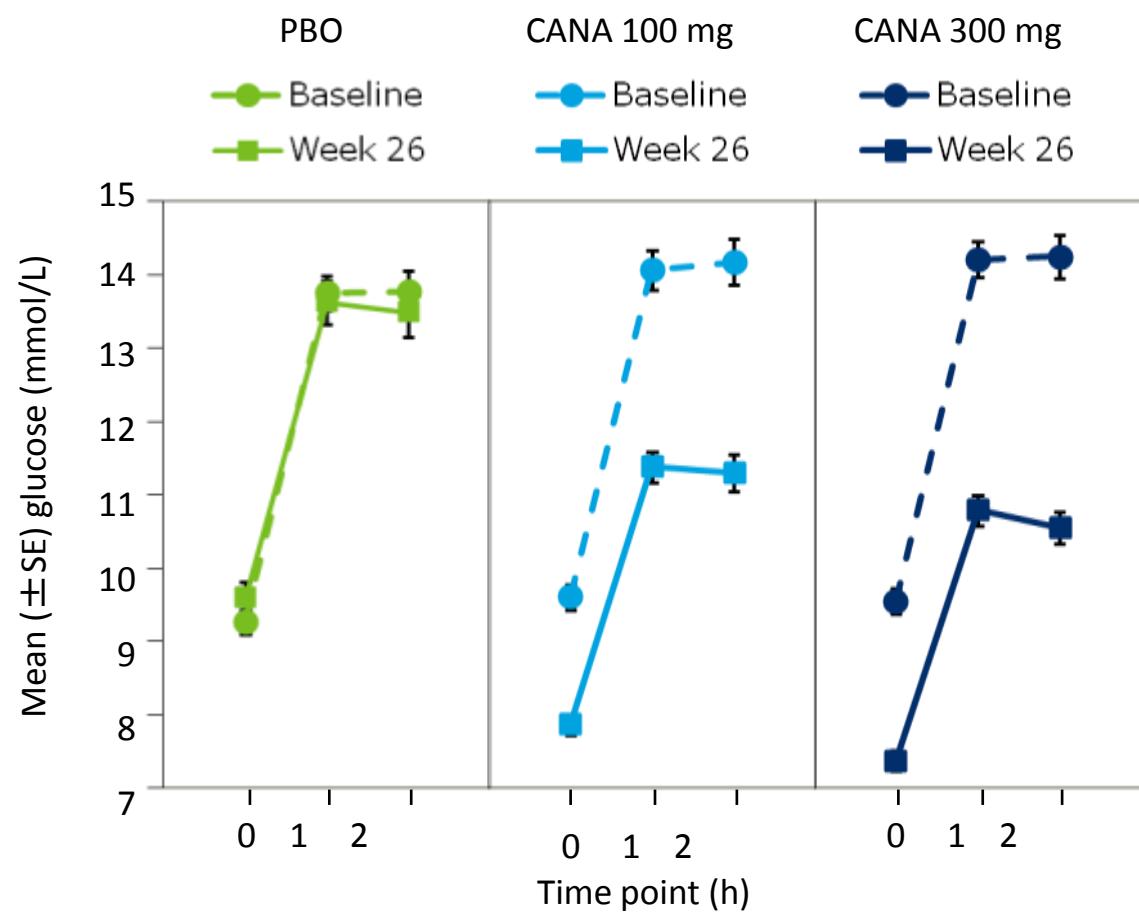
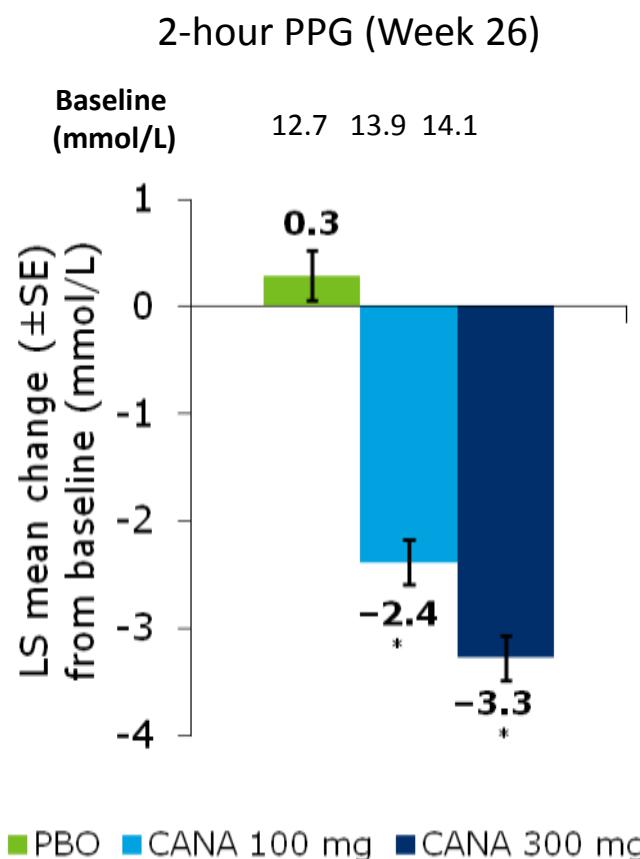


Effect of Canagliflozin 300 mg on Oral Glucose Absorption

As a function of time from ingestion



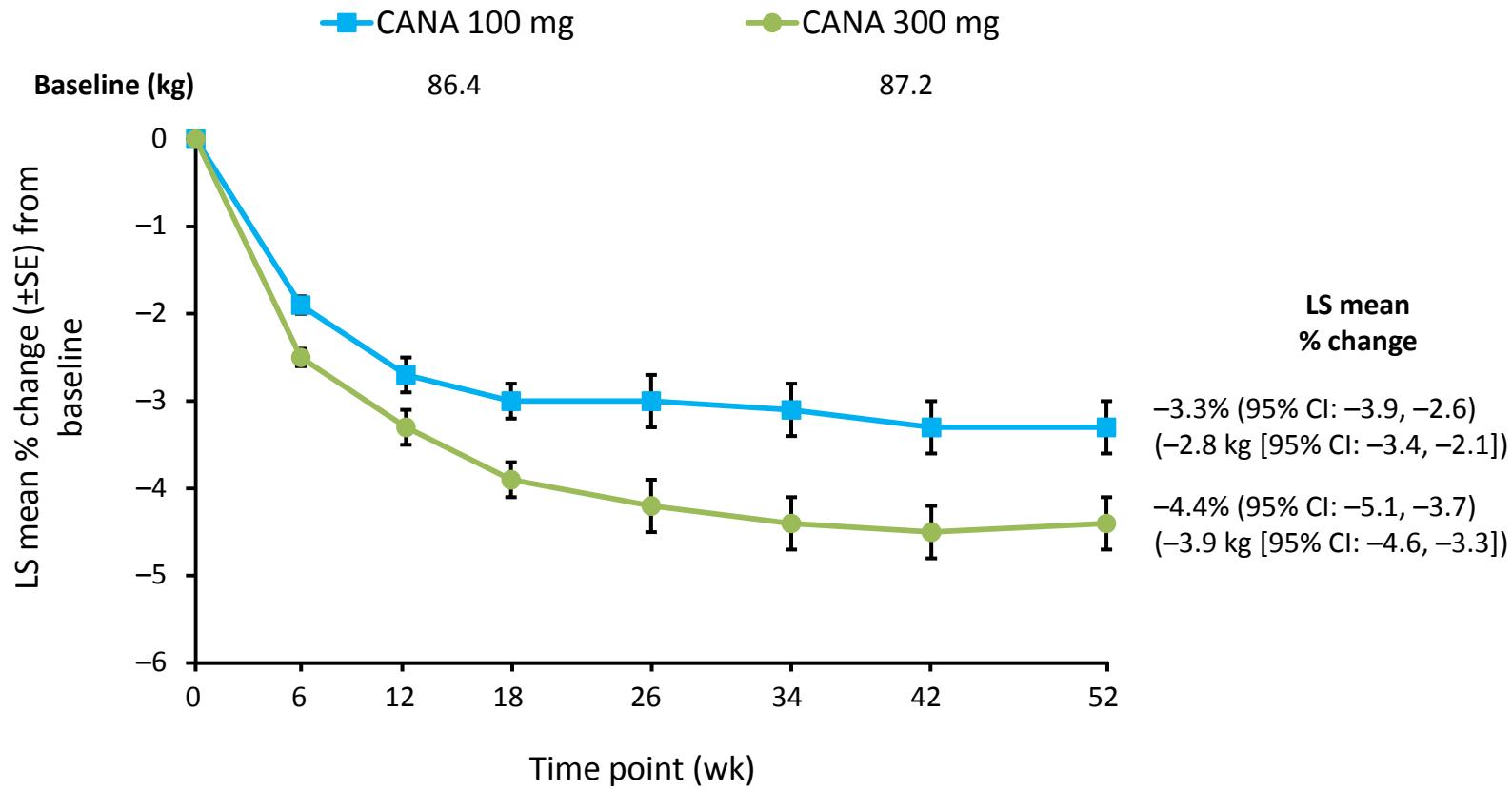
Change in PPG: After a Standardised Meal (LOCF)



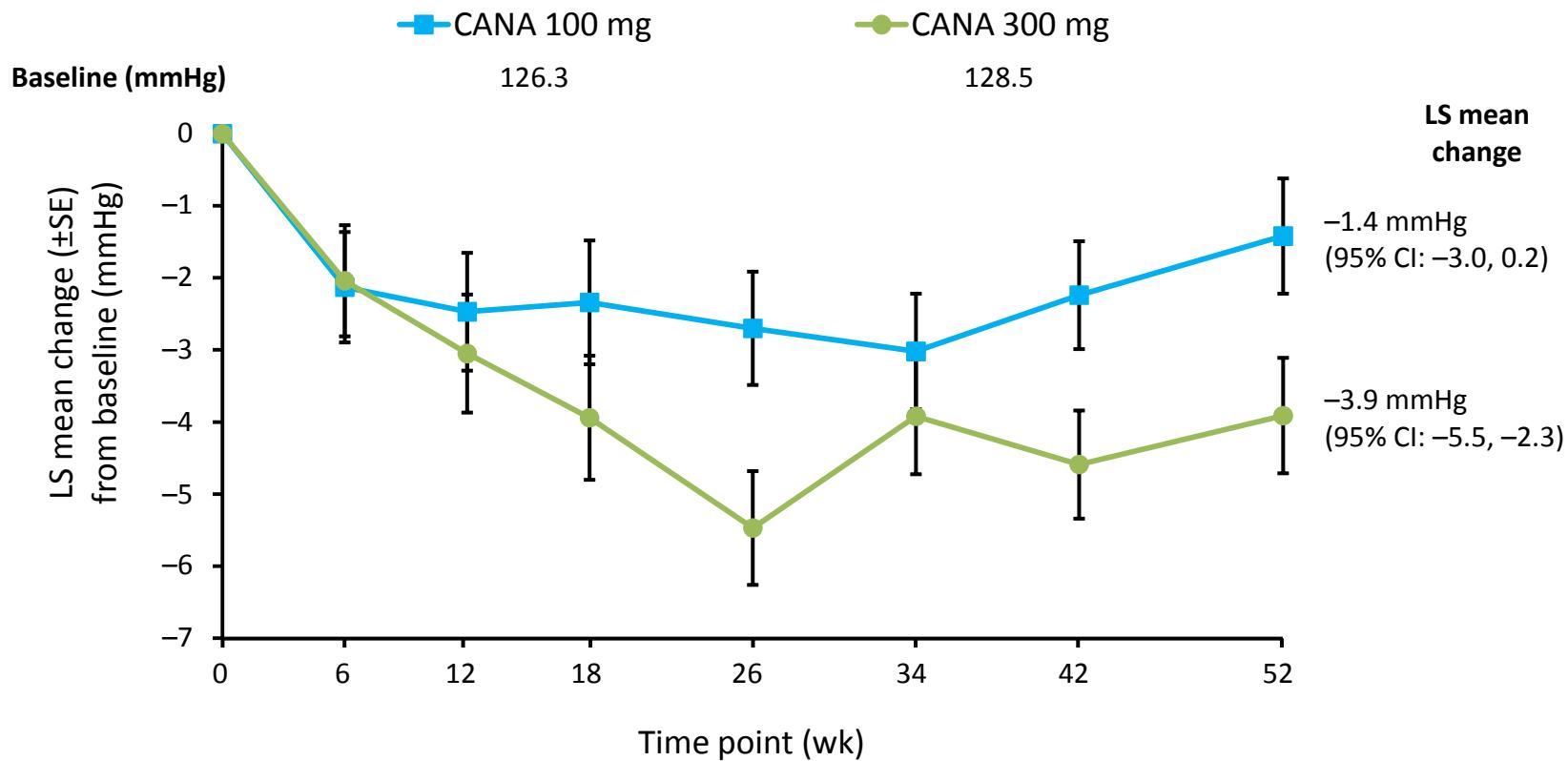
PPG, postprandial glucose; LOCF, last observation carried forward; PBO, placebo; CANA, canagliflozin; LS, least squares; SE, standard error.

* $P<0.001$ vs PBO.

Percent Change in Body Weight (LOCF)



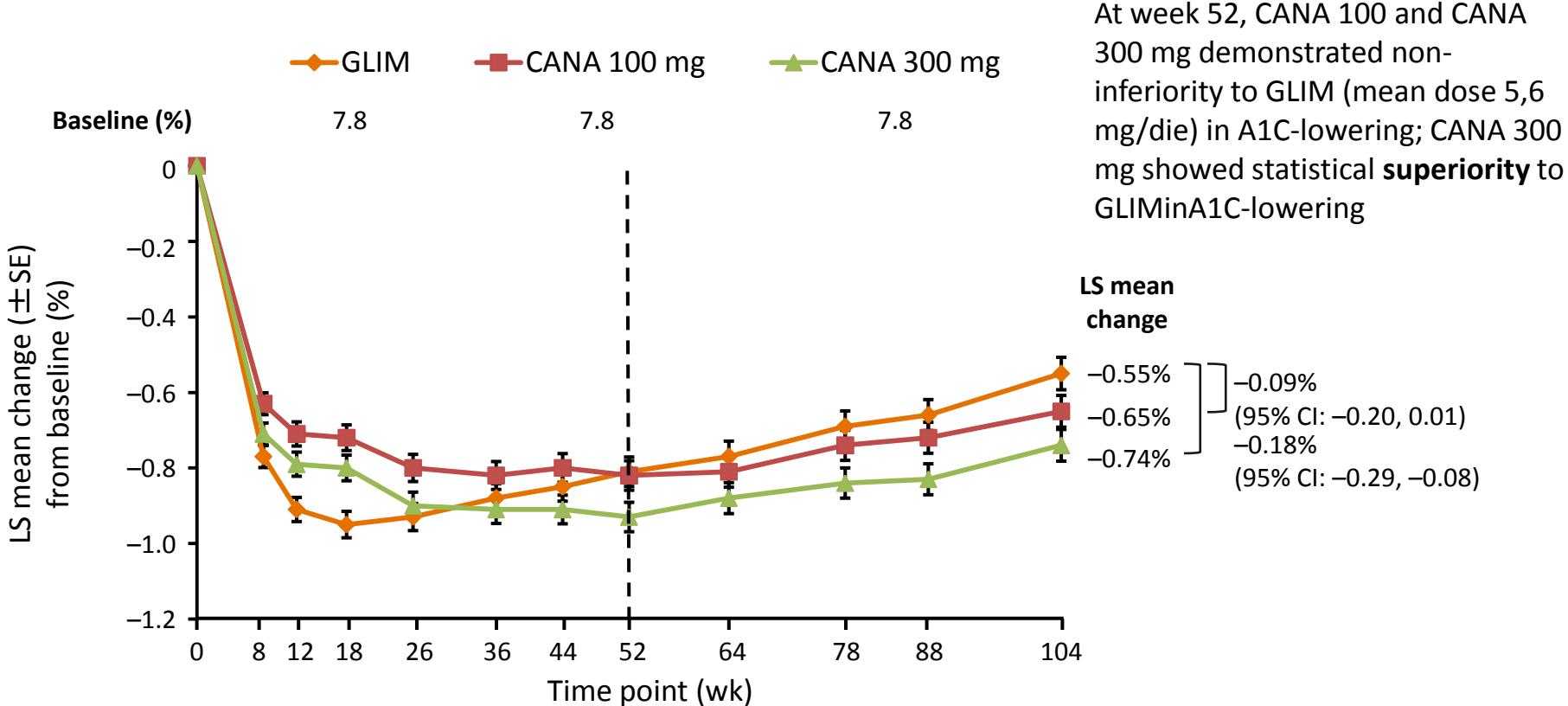
Change in Systolic BP (LOCF)



Reductions in diastolic BP with CANA 100 and 300 mg were -0.4 and -0.7 mmHg, respectively, with minimal changes in pulse rate (-2.1 and 0.4 beats per minute).

Duplicie Terapia

Change in A1C (LOCF)*



Proportion of subjects who achieved A1C <7.0%: 42.5% (CANA 100 mg), 50.2% (CANA 300 mg), and 43.9% (GLIM); A1C <6.5%: 20.5% (CANA 100 mg), 26.2% (CANA 300 mg), and 23.8% (GLIM).

LOCF, last observation carried forward; LS, least squares; SE, standard error; CI, confidence interval.

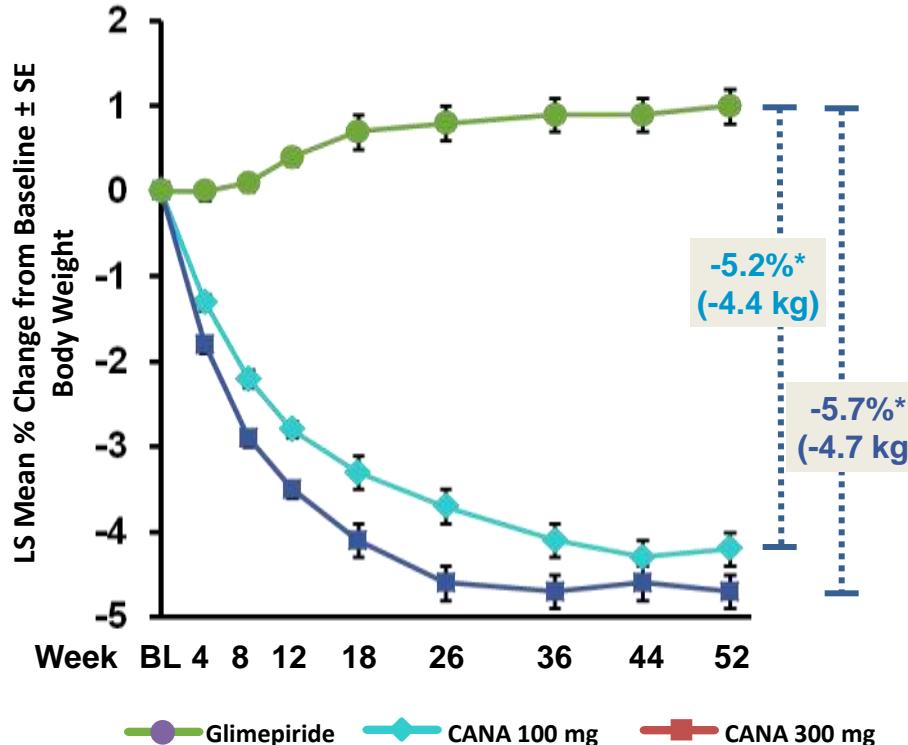
*N = 1,450 (Baseline); N = 1,405 (Week 8); N = 1,425 (Weeks 12 and 18); N = 1,426 (Weeks 26, 36, 44, 52, 64, 78, 88, and 104).

Changes in Body Composition and Weight

Active (Glimepiride)-controlled Add-on to Metformin Study (DIA3009)

Weight Loss Over Time

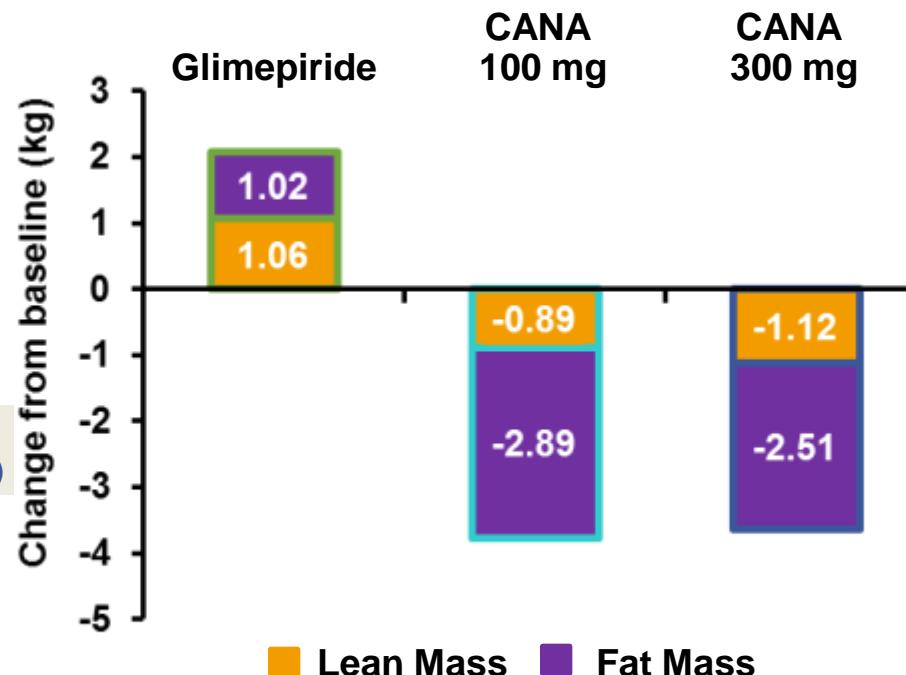
BL Mean Body Weight (kg): 86.6
N = 1450



* p <0.001

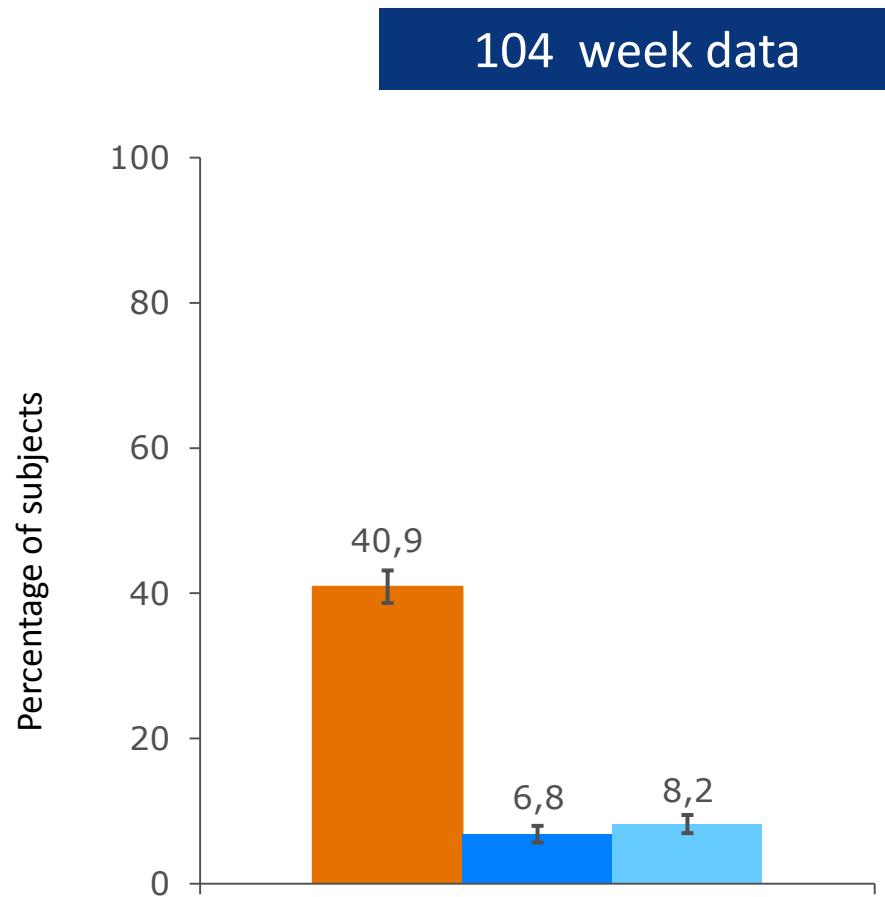
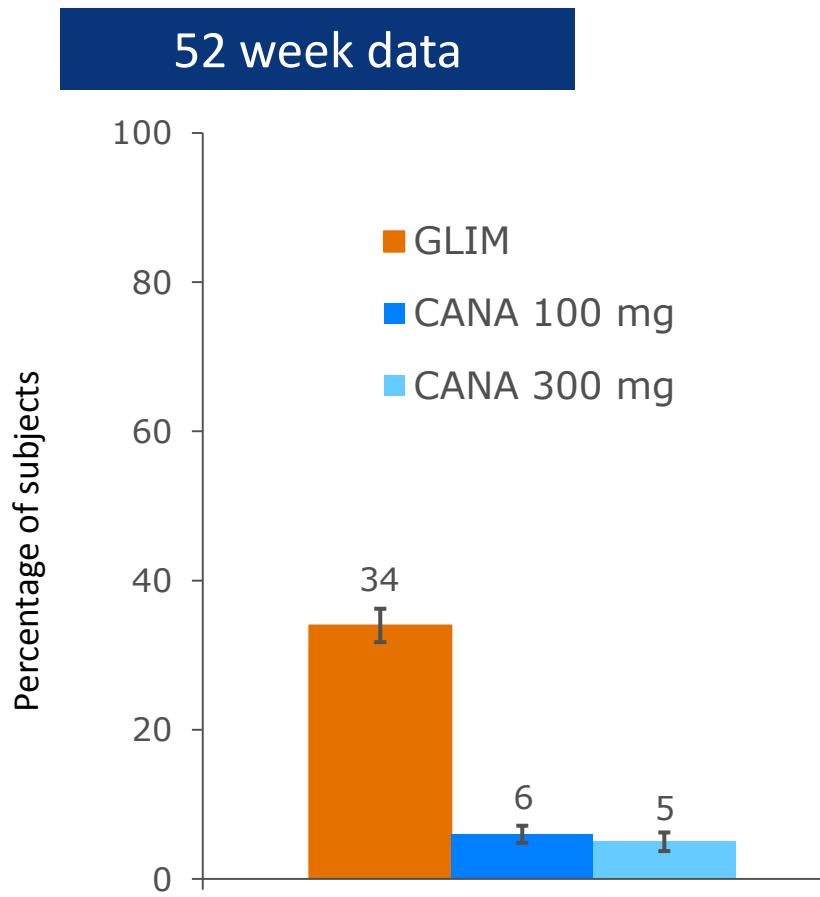
Based on ANCOVA model, data prior to rescue (LOCF)

Change in Body Composition (DXA Analysis Subgroup) N=312

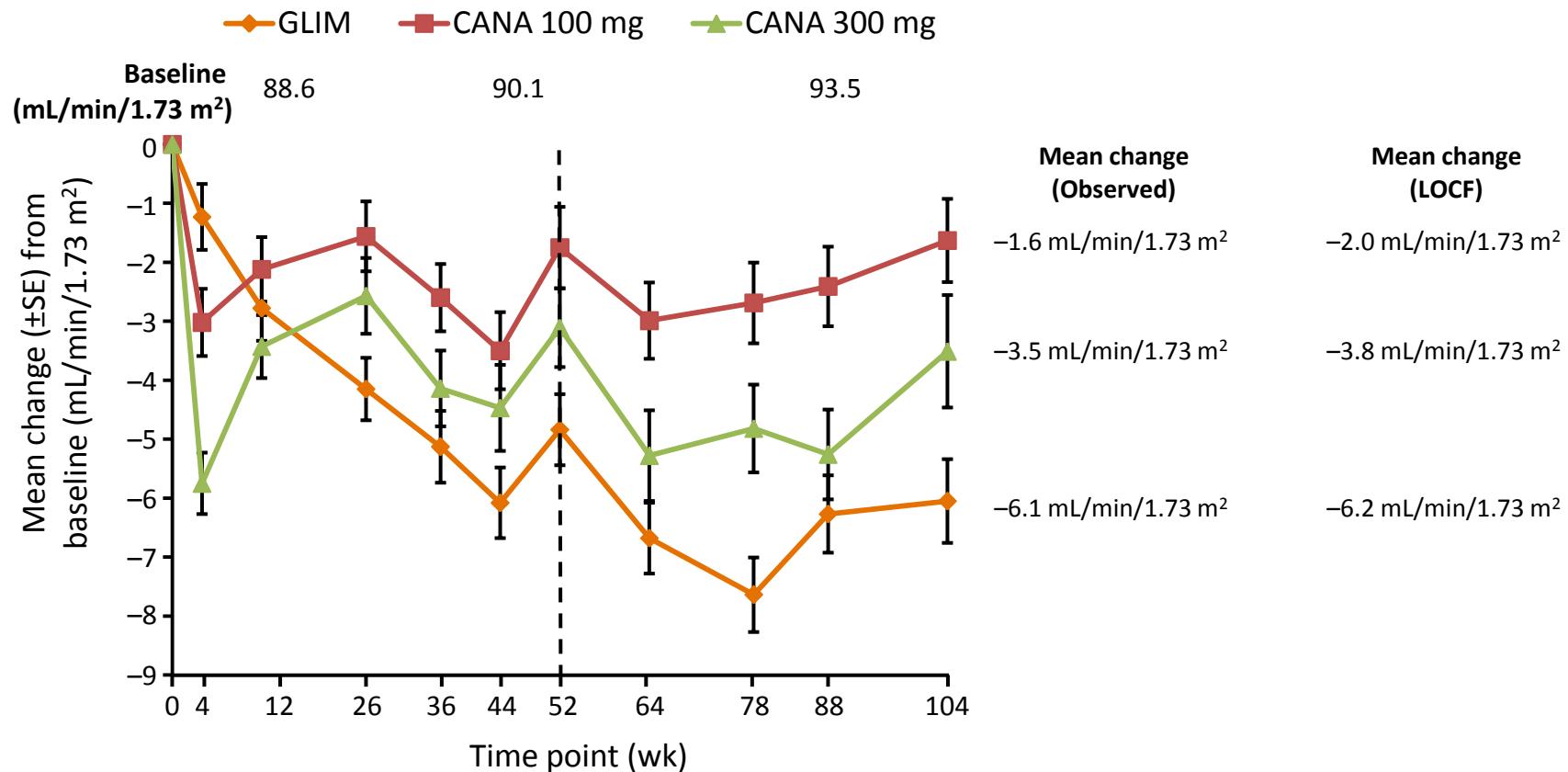


Weight changes relative to glimepiride in DXA analysis subgroup (-5.3 kg and -5.0 kg for CANA 100 mg and 300 mg, respectively) were similar to overall cohort.

Add on to Metformin vs Glimepiride (DIA3009): Proportion of Subjects With Documented Hypoglycaemia Episodes Through Weeks 52 and 104

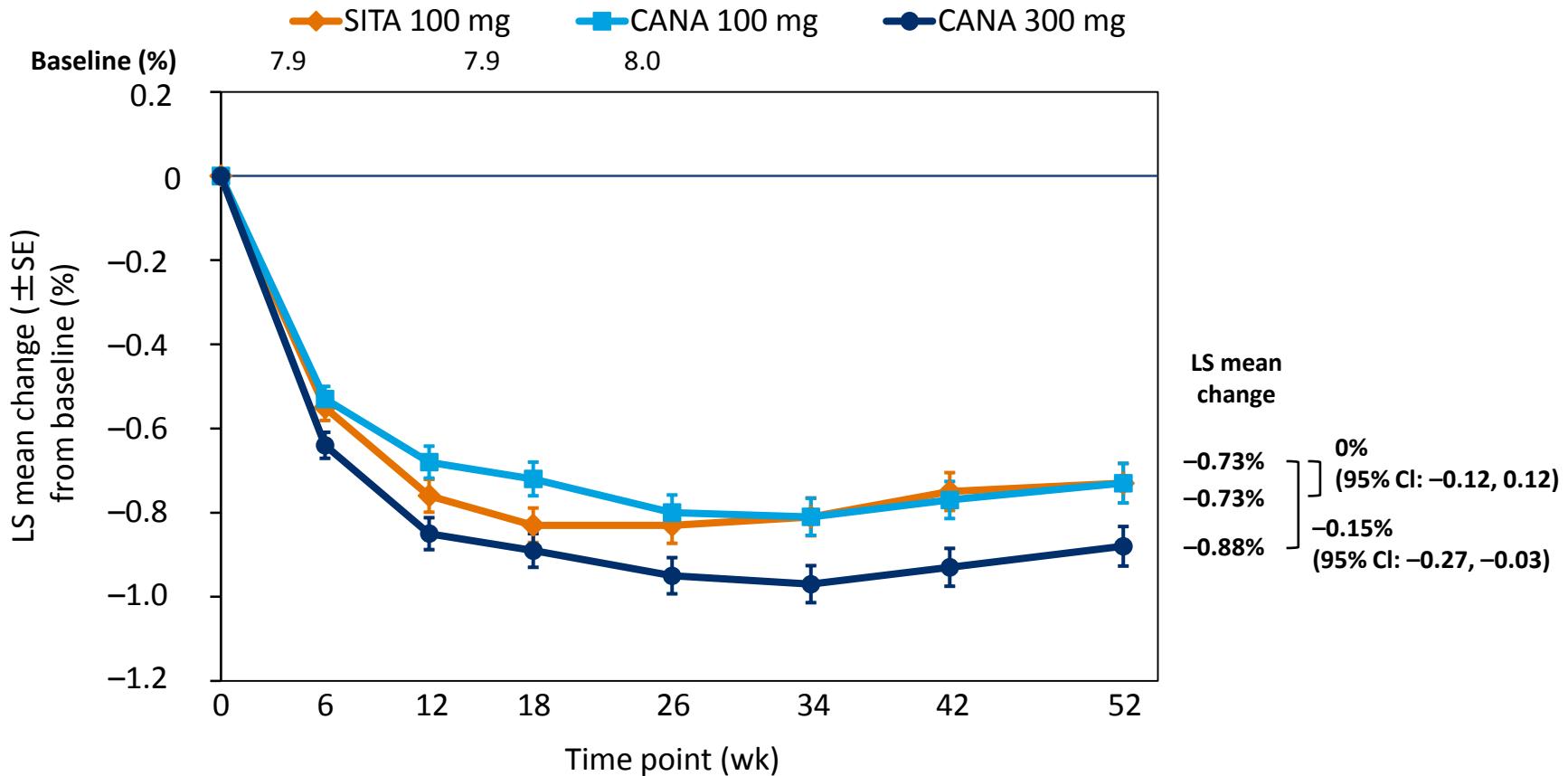


Change in eGFR Over Time*



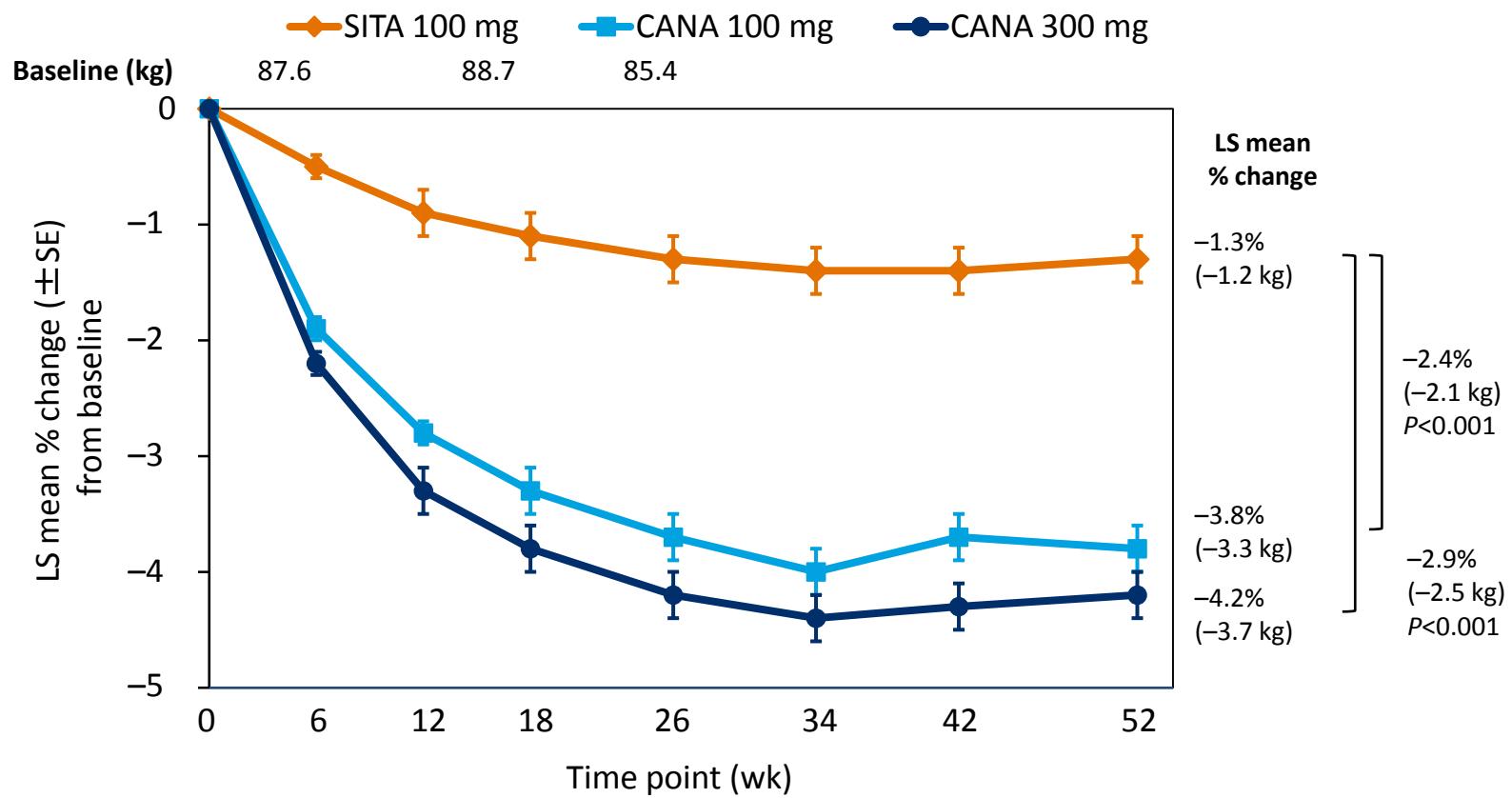
*N = 1,449 (Baseline); N = 1,380 (Week 4); N = 1,332 (Week 12); N = 1,262 (Week 26); N = 1,225 (Week 36); N = 1,175 (Week 44); N = 1,157 (Week 52); N = 1,120 (Week 64); N = 1,059 (Week 78); N = 1,022 (Week 88); N = 970 (Week 104).

Change in A1C

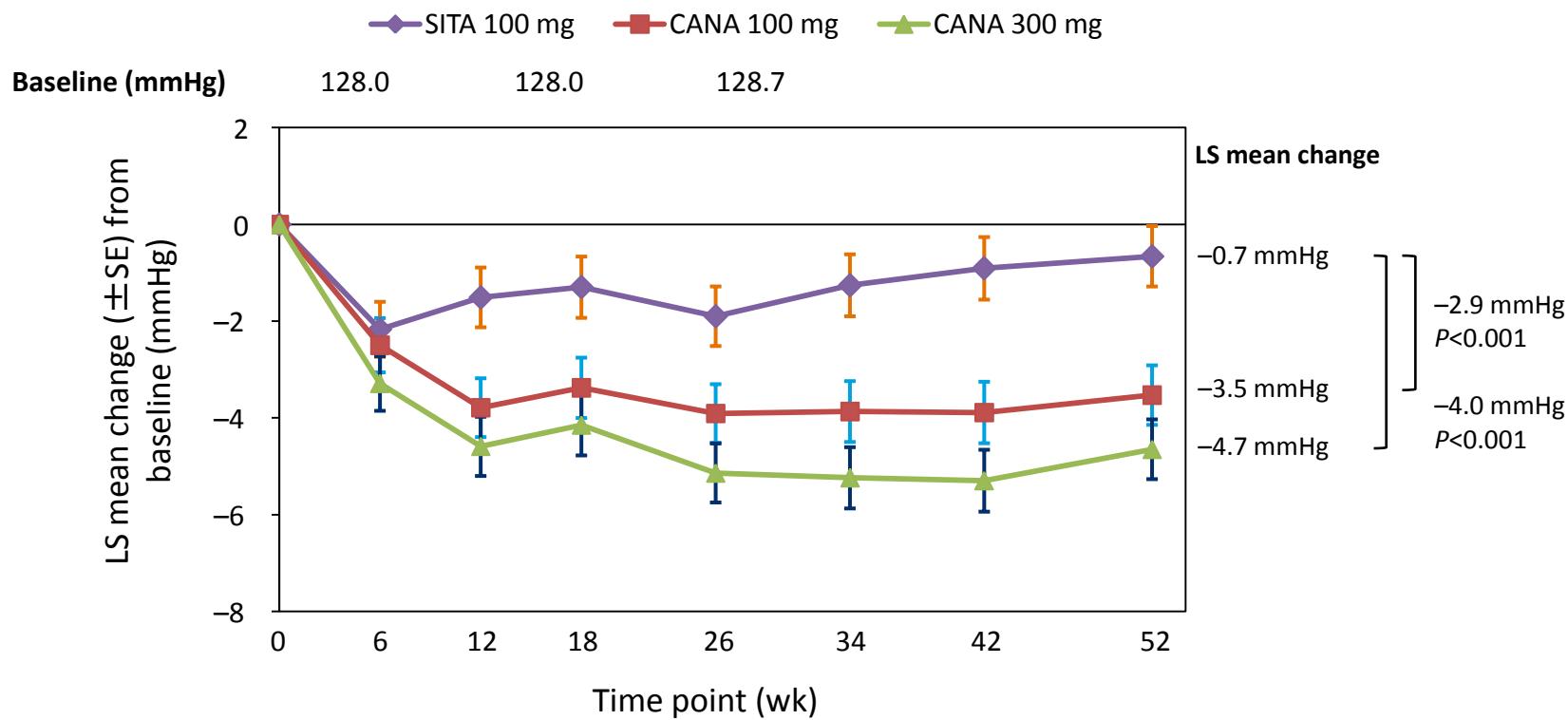


CANA 100 and CANA 300 mg demonstrated non-inferiority to SITA 100 mg in A1C-lowering; CANA 300 mg showed statistical superiority to SITA 100 mg in A1C-lowering

Percent Change in Body Weight



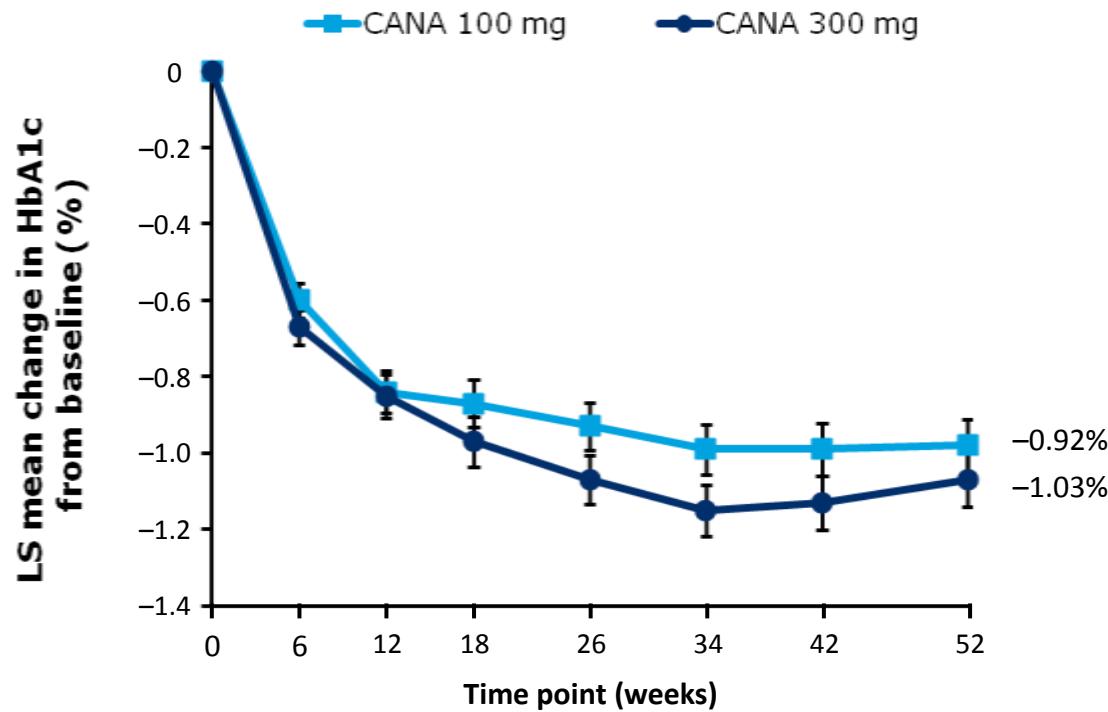
Change in Systolic BP



- With CANA 100 and 300 mg and SITA 100 mg, LS mean changes from baseline in diastolic BP were -1.8 , -1.8 , and -0.3 mmHg, respectively; no notable changes in pulse rate were observed across groups

Triple terapia

Canagliflozin: riduzione di HbA1c aggiunta metformina + pioglitazone a 52 settimane

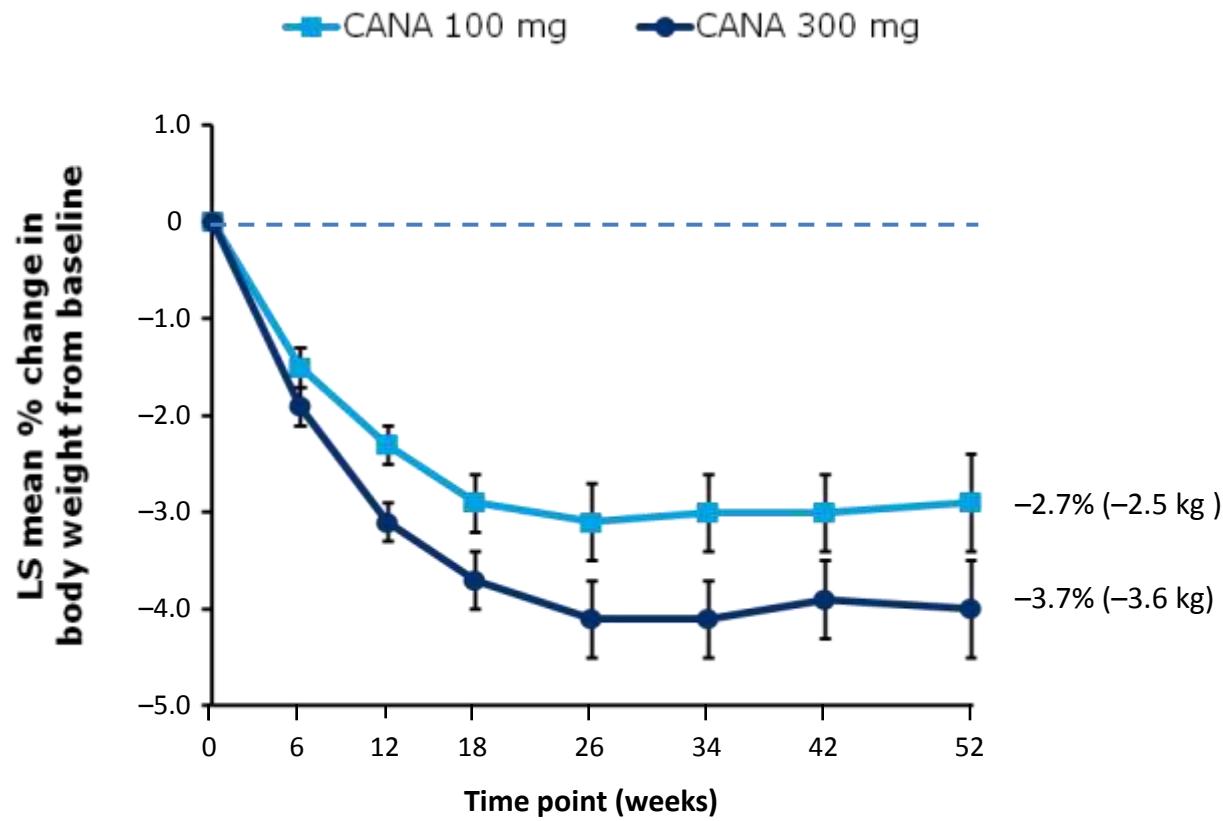


Proportion of subjects who achieved HbA1c <7.0%: 52.2% (canagliflozin 100 mg), 66.1% (canagliflozin 300 mg)

Vertical bars represent standard error.

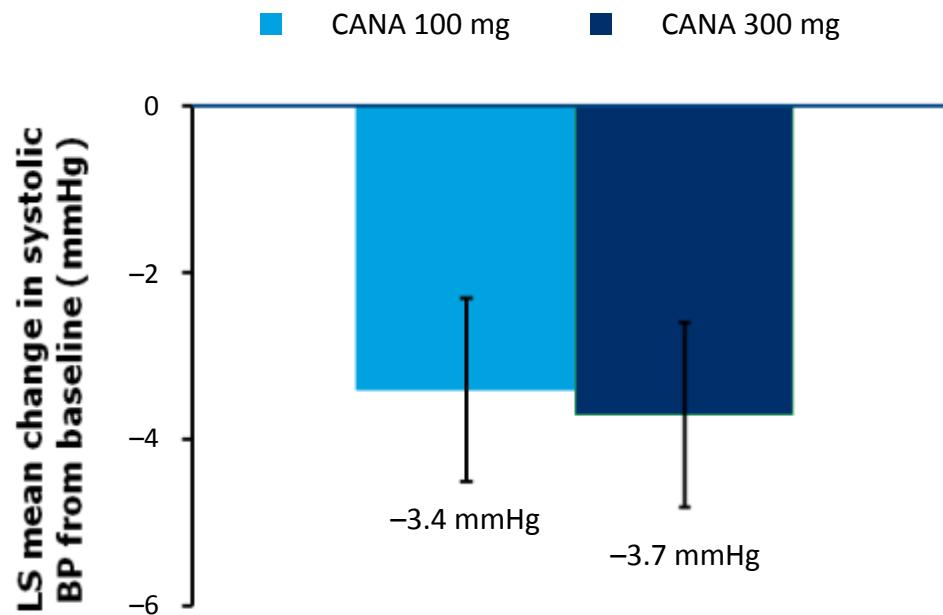
CANA, canagliflozin; CI, confidence interval; LS, least squares; SE, standard error.

Canagliflozin: riduzione del peso corporeo aggiunta metformina + pioglitazone a 52 settimane



Vertical bars represent standard error.
CANA, canagliflozin; LS, least squares.

Canagliflozin: riduzione della PAS aggiunta metformina + pioglitazone a 52 settimane



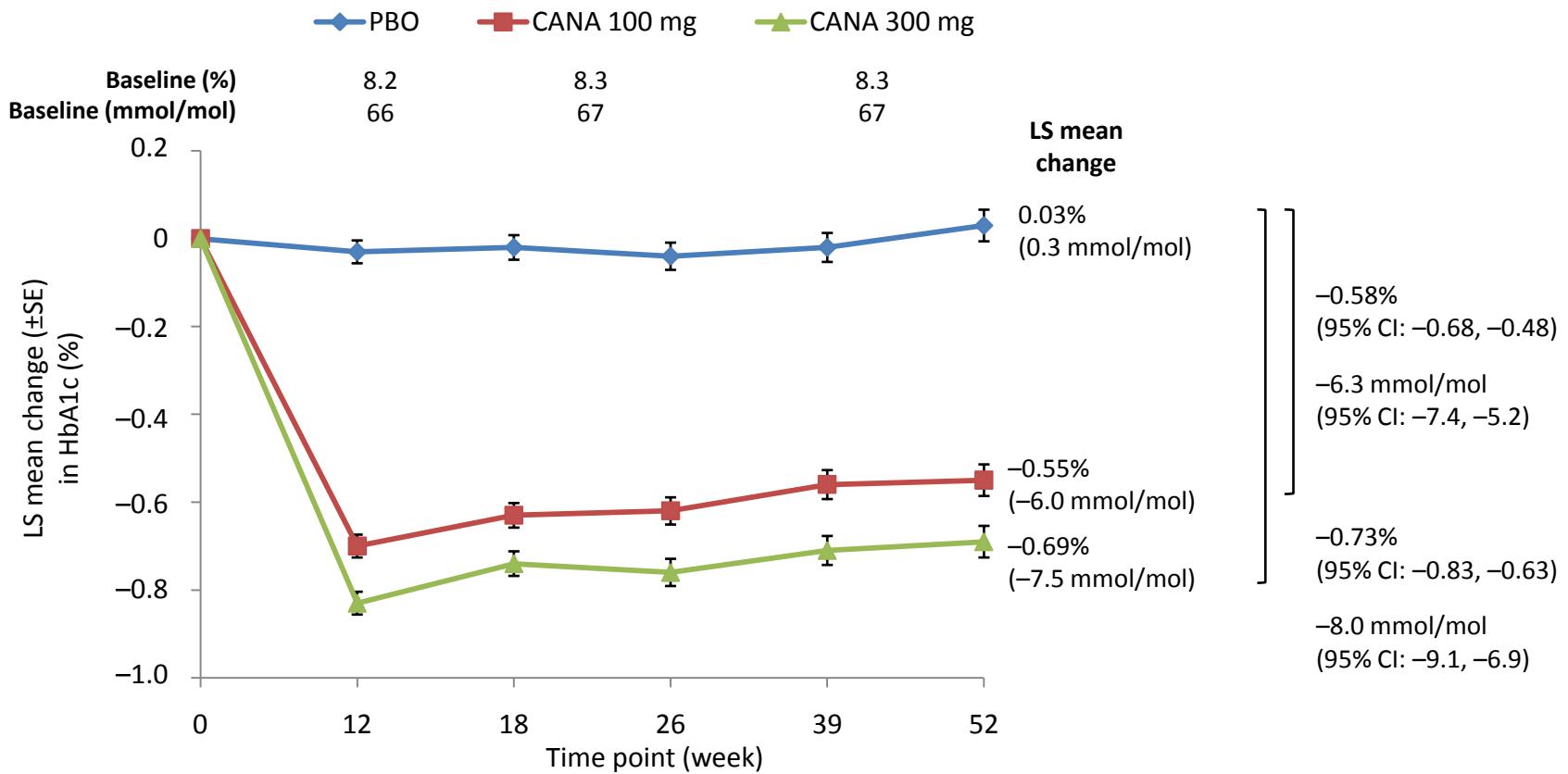
Reductions in diastolic BP with canagliflozin 100 mg and 300 mg were -2.5 mmHg and -2.7 mmHg, respectively, with minimal changes in pulse rate (0.5 bpm and -1.0 bpm)

Vertical bars represent standard error.

BP, blood pressure; bpm, beats per minute; CANA, canagliflozin; LS, least squares.

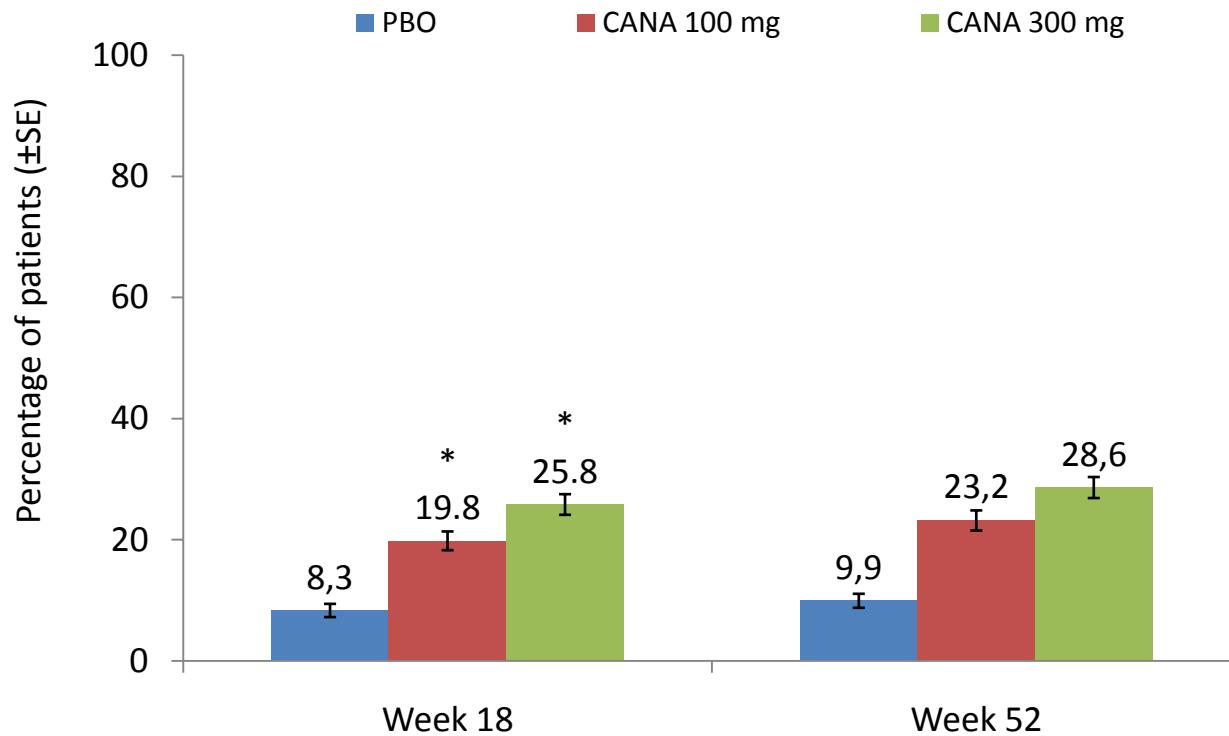
Add on a insulina

CANVAS Insulin Substudy (DIA3008): Change in HbA1c (LOCF)



CANA, canagliflozin; CI, confidence interval; LOCF, last observation carried forward; LS, least squares; PBO, placebo; SE, standard error.

CANVAS Insulin Substudy (DIA3008): Proportion of Patients Reaching HbA1c <7.0% at Weeks 18 and 52

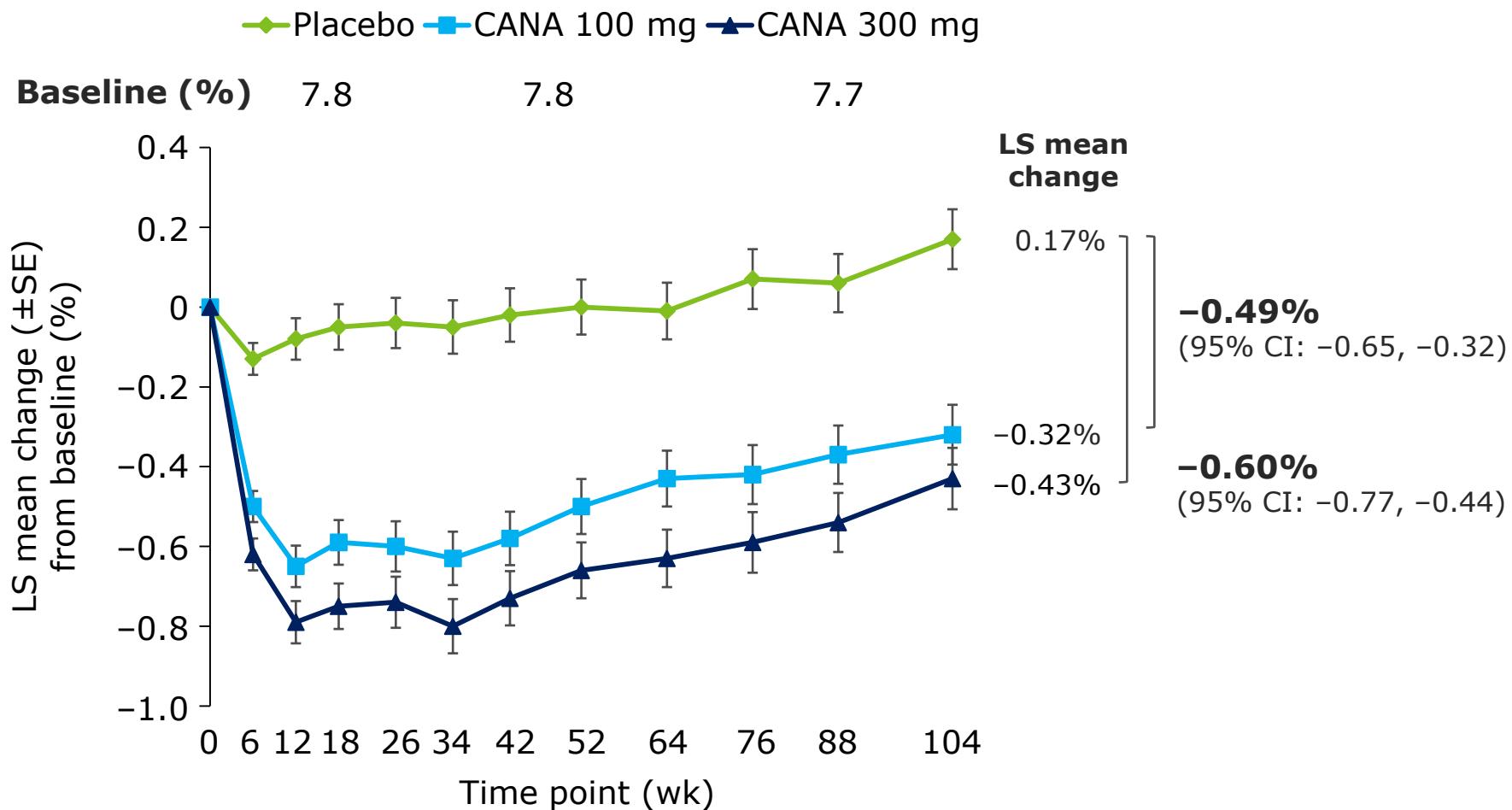


CANA, canagliflozin; PBO, placebo; SE, standard error.

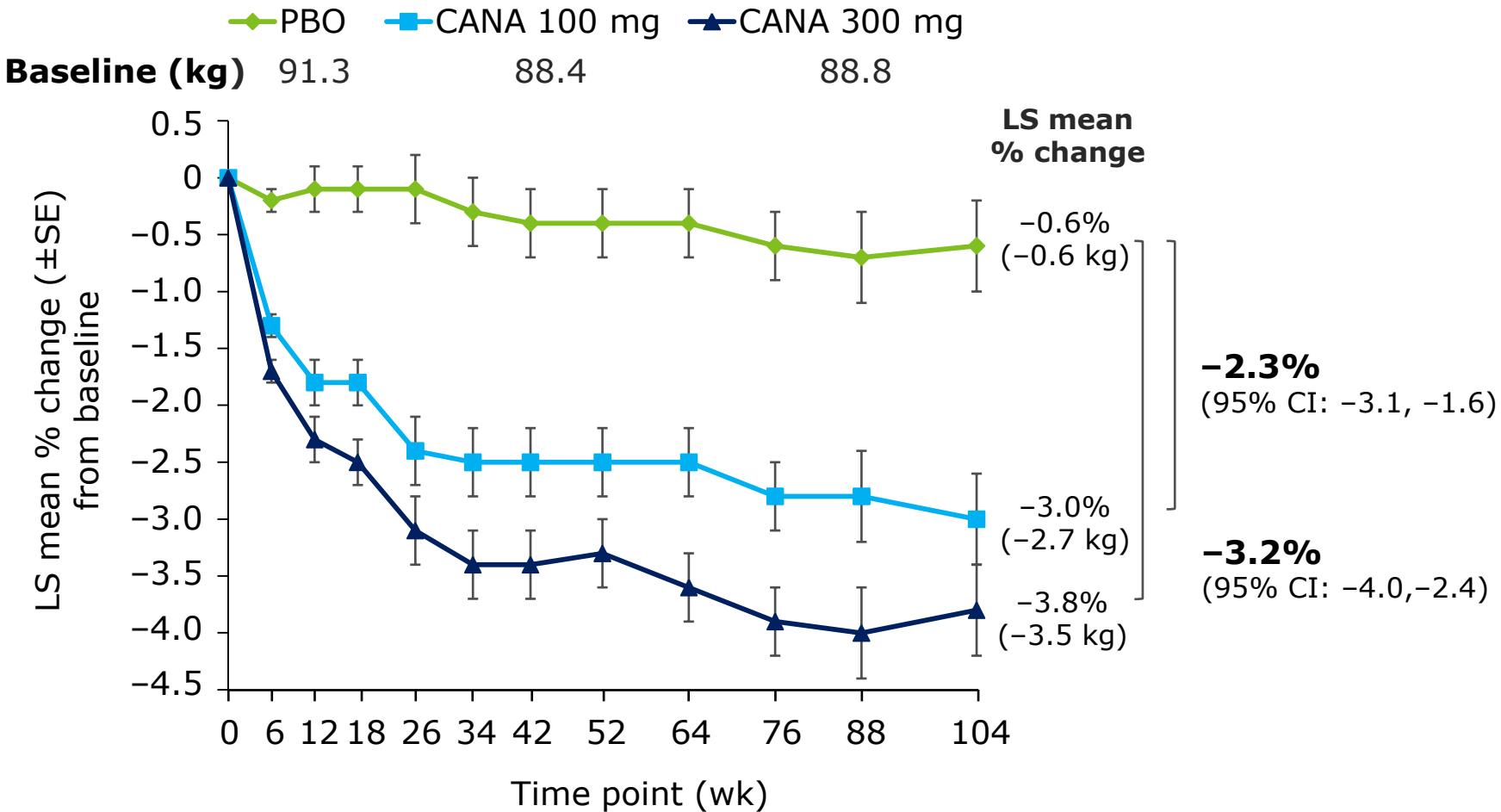
* $P<0.001$ vs PBO.

Anziani e IRC

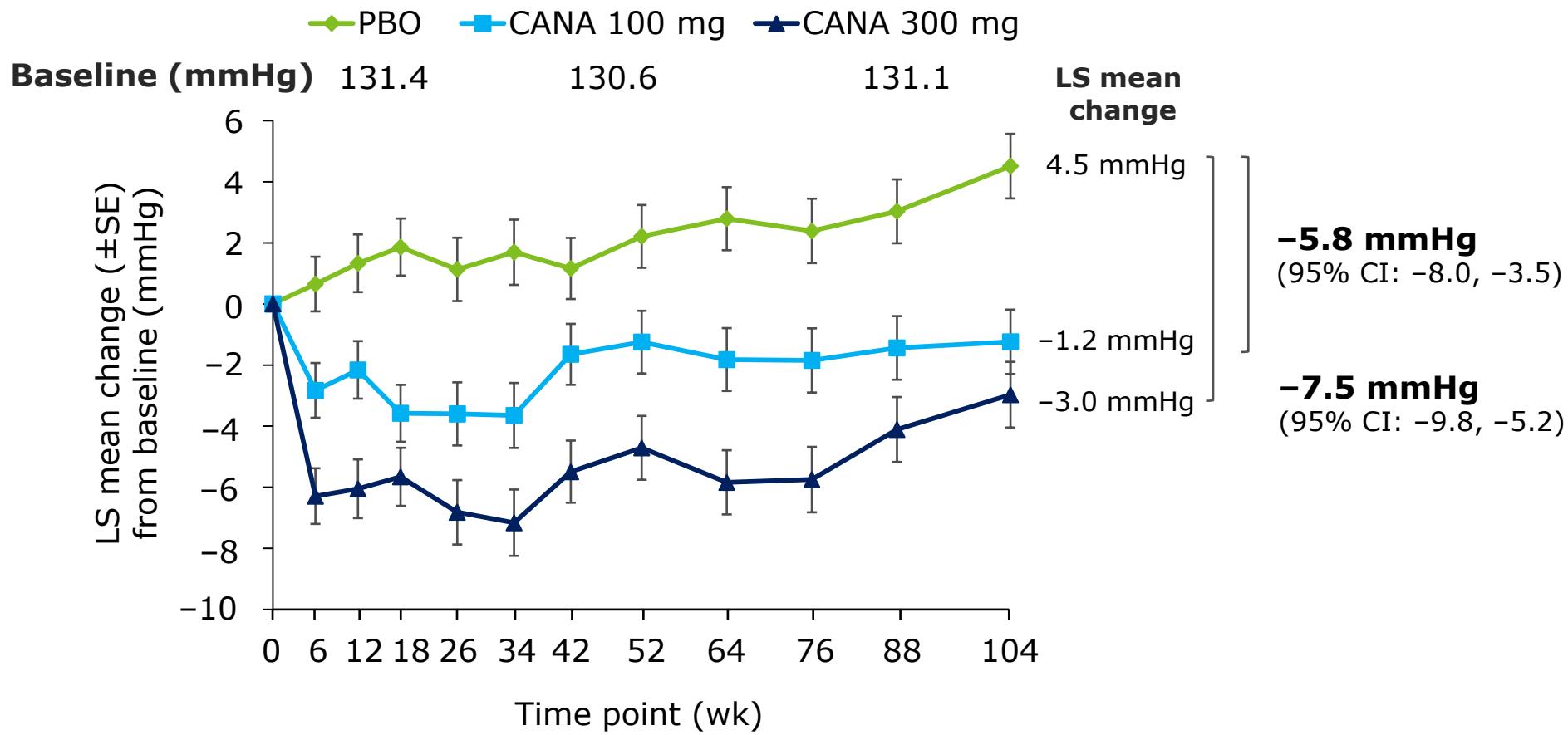
Canagliflozin in Older Patients (104 Weeks): Change in HbA1c (LOCF) from Baseline



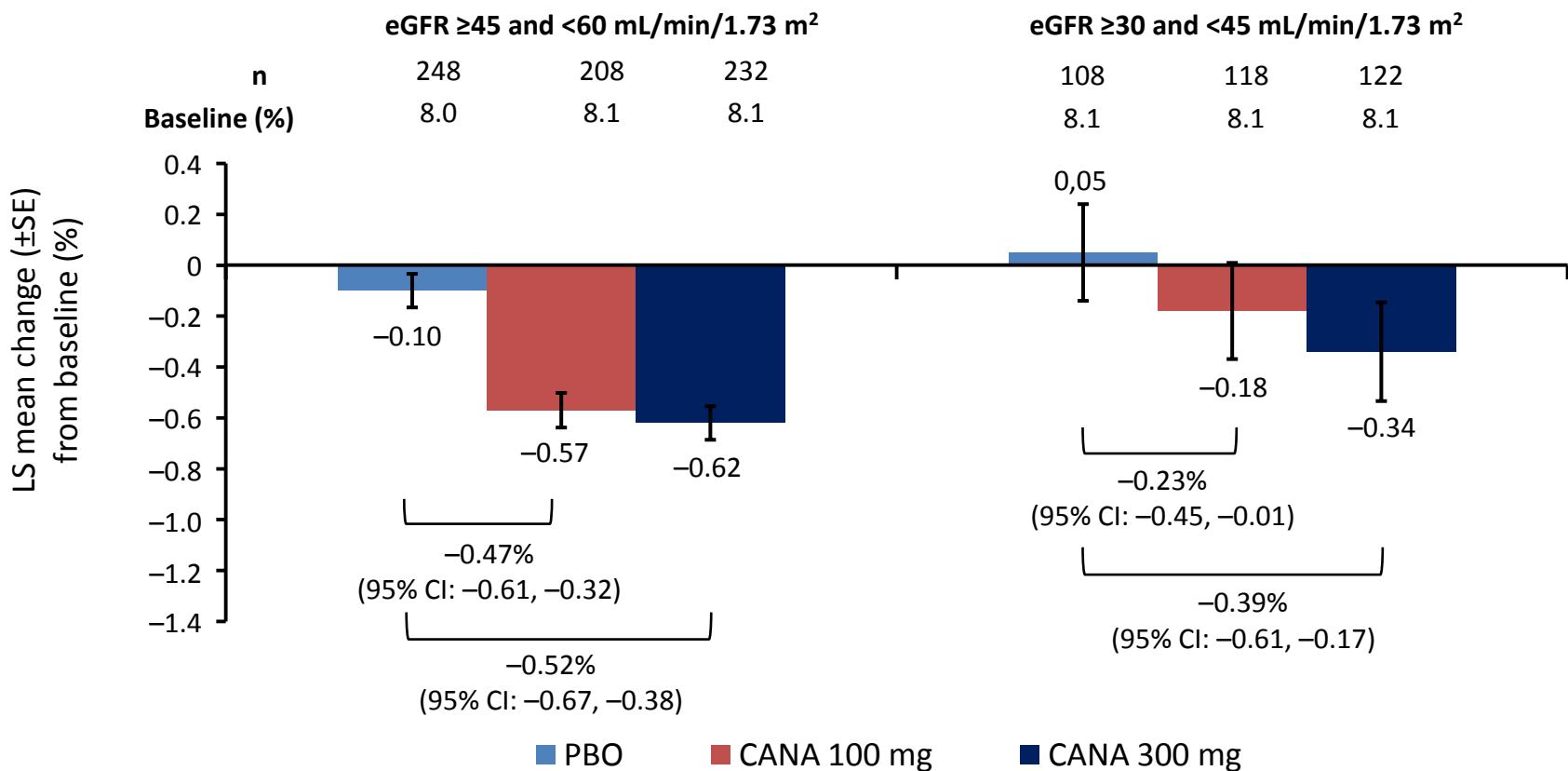
Canagliflozin in Older Patients (104 Weeks): Percent Change in Body Weight (LOCF) from Baseline



Canagliflozin in Older Patients (104 Weeks): Change in Systolic BP (LOCF) from Baseline



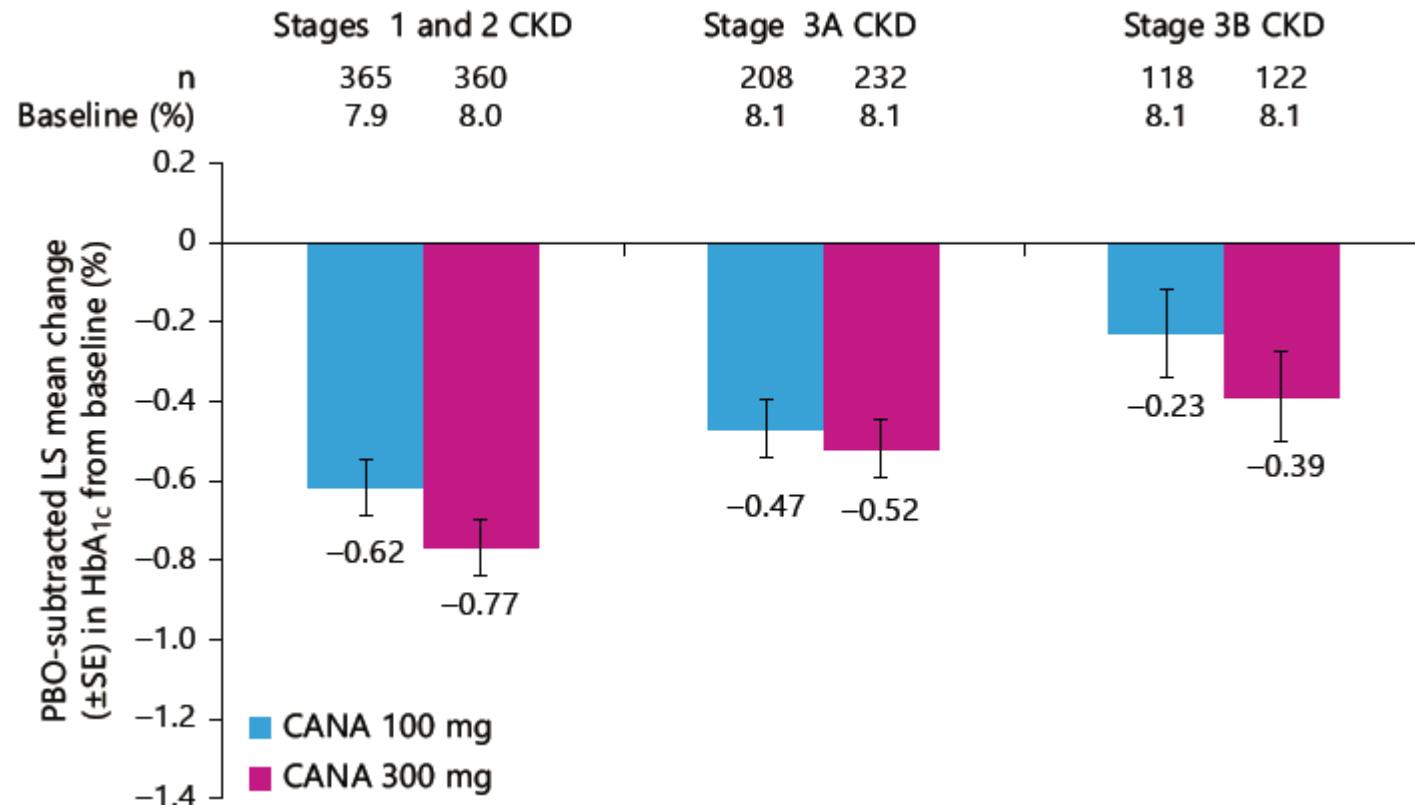
Change in A1C by Baseline eGFR Subgroup (LOCF)*



*Statistical comparison for CANA 100 and 300 mg vs PBO not performed (not pre-specified).

This pooled analysis includes some data from patients treated with canagliflozin 300mg and with eGFR 30- 45 that is not expected to be included in the EU label

Comparison of placebo-subtracted effect of canagliflozin in people with stages 1 and 2 CKD versus stage 3 CKD



Stage 3A CKD (Cronic Kidney Disease) eGFR \geq 45 and <60 mL/min/m²

Stage 3B CKD (Cronic Kidney Disease) eGFR \geq 30 and <45 mL/min/m²

Effetti collaterali

Canagliflozin in Older Patients (104 Weeks): Summary of Overall Safety and Selected AEs

Subjects, n (%)	PBO (n = 237)	CANA 100 mg (n = 241)	CANA 300 mg (n = 236)
Any AE	204 (86.1)	212 (88.0)	212 (89.8)
AEs leading to discontinuation	16 (6.8)	11 (4.6)	24 (10.2)
AEs related to study drug [†]	94 (39.7)	103 (42.7)	119 (50.4)
Serious AEs	41 (17.3)	40 (16.6)	43 (18.2)
Deaths	0	2 (0.8)	0
UTI	24 (10.1)	35 (14.5)	39 (16.5)
Genital mycotic infection			
Male	2 (1.4)	7 (5.6)	14 (10.9)
Female	4 (4.3)	28 (23.9)	20 (18.7)
Osmotic diuresis-related AEs [‡]	13 (5.5)	22 (9.1)	29 (12.3)
Volume-related AEs	4 (1.7)	13 (5.4)	14 (5.9)

All AEs are reported for regardless of rescue medication.

[†]Possibly, probably, or very likely related to study drug, as assessed by investigators.

[‡]Includes dry mouth, dry throat, micturition disorder, micturition urgency, nocturia, pollakiuria, polydipsia, polyuria, thirst, and urine output increased.

Add on to Metformin vs Glimepiride: Summary of Overall Safety and Selected AEs Over 104 Weeks*

	GLIM (n = 482)	CANA 100 mg (n = 483)	CANA 300 mg (n = 485)
Any AE	378 (78.4)	354 (73.3)	378 (77.9)
AEs leading to discontinuation	35 (7.3)	30 (6.2)	46 (9.5)
AEs related to study drug [†]	134 (27.8)	138 (28.6)	159 (32.8)
Serious AEs	69 (14.3)	47 (9.7)	47 (9.7)
Deaths	2 (0.4)	3 (0.6)	3 (0.6)
Genital mycotic infection			
Male ^{‡,§}	5 (1.9)	24 (9.5)	22 (9.1)
Female ^{¶,}	6 (2.7)	32 (13.9)	38 (15.6)
Urinary Tract Infection (UTI)	33 (6.8)	51 (10.6)	42 (8.7)
Osmotic diuresis-related AEs [#]	10 (2.1)	28 (5.8)	32 (6.6)
Volume-related AEs ^{**}	11 (2.3)	8 (1.7)	12 (2.5)

*All AEs are reported for regardless of rescue medication.

[†]Possibly, probably, or very likely related to study drug, as assessed by investigators.

[‡]GLIM, n = 263; CANA 100 mg, n = 252; CANA 300 mg, n = 241.

[§]Including balanitis, balanitis candida, balanoposthitis, genital candidiasis, genital infection fungal, and posthitis.

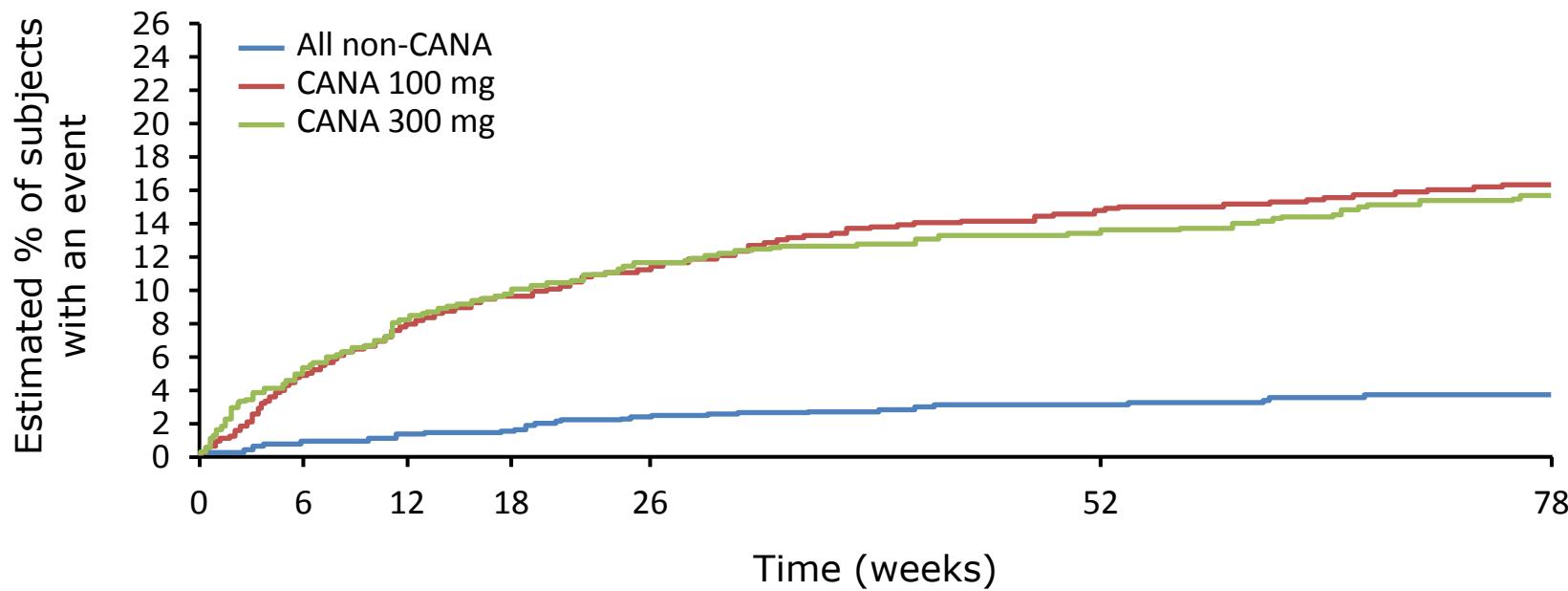
[¶]GLIM, n = 219; CANA 100 mg, n = 231; CANA 300 mg, n = 244.

^{||}Including genital infection fungal, vaginal infection, vulvitis, vulvovaginal candidiasis, vulvovaginal mycotic infection, and vulvovaginitis.

[#]Including dry mouth, micturition urgency, nocturia, pollakiuria, polydipsia, polyuria, thirst, and urine output increased.

^{**}Including BP decreased, dehydration, dizziness postural, hypotension, orthostatic hypotension, presyncope, and syncope.

Kaplan-Meier Plot of Time to First Female Genital Mycotic Infection



All non-CANA	1,338	1,312	1,250	1,209	1,135	993	443
CANA 100 mg	1,289	1,217	1,143	1,087	1,034	908	421
CANA 300 mg	1,319	1,243	1,153	1,101	1,036	945	440

Characteristics of a “good” drug

- Efficacy
- Safety
- Other Clinical Advantages
- No/Few Adverse Effects
- Reasonable Cost/Value

Figura 2. Flow-chart per la terapia del diabete mellito di tipo 2.



Add on a metformina	Ipoglic.	Peso	Effetti indesid.	CVD	Fattori rischio CV	Scomp. cardiaco	Effetti GI	Costo
Gliptina	1A	1B	Rari	1A	1B	2B (2)	1A	Elevato
A.R. GLP-1	1A	1A	Non indicato in IRC	3B	1A	2B	1C	Elevato
Sulfonilurea o repaglinide	1D	1D	Non indicato in IRC (3)	3C (2)	1B	1B	1A	Basso
Pioglitazone	1A	1D	Fratture	1A	1A	1E	1A	Medio
Acarbosio	1A	1D	Rari	2B	2B	3C	1C	Basso
Gliflozina	1A	1A	Infezioni GU	3C	2B	2B	1A	???
Insulina basale	1D	1A	Rari	1B	1A	1B	1A	Medio

In presenza di un fallimento della terapia iniziale volta a modificare lo stile di vita, prescrivere metformina, che dovrà accompagnare sempre, se tollerata e non controindicata, ogni altro farmaco, alla dose di almeno 2 g/die. Se fallisce la metformina, aggiungere un secondo o anche un terzo farmaco secondo lo schema indicato, valutando comunque la possibilità di inserire una terapia insulinica, anche temporaneamente. Sebbene un approccio fisiopatologico nella scelta del farmaco da associare alla metformina appaia il più razionale, non esiste alcuna evidenza che lo stesso sia maggiormente efficace o indicato. Al contrario, i possibili effetti collaterali o pleiotropici dei farmaci sono noti e dimostrati e devono essere considerati nella scelta terapeutica.

Nota: in presenza di $\text{HbA}_{1c} > 2\%$ all'obiettivo, iniziare direttamente terapia combinata, eventualmente anche con insulina solo saxagliptin: minimo rischio per scompenso cardiaco; non dati per altre molecole alcuni farmaci di questa classe non hanno metabolismo renale, ma non hanno comunque indicazione in scheda tecnica solo per glibenclamide, possibili rischi cardiaci.

Colori:

- effetto o parametro negativo o sconsigliato
- effetto o parametro parzialmente negativo o sconsigliato
- effetto o parametro positivo o probabilmente positivo
- il farmaco non ha effetti significativi sul parametro o viene dato un giudizio neutro

Sigle: rappresentano il grado di evidenza (1-6) e di forza (A-E).

Figura 2. Flow-chart per la terapia del diabete mellito di tipo 2.



Add on a metformina	Ipoglic.	Peso	Effetti indesid.	CVD	Fattori rischio CV	Scomp. cardiaco	Effetti GI	Costo
Gliptina	1A	1B	Rari	1A	1B	2B (2)	1A	Elevato
A.R. GLP-1	1A	1A	Non indicato in IRC	3B	1A	2B	1C	Elevato
Sulfonilurea o repaglinide	1D	1D	Non indicato in IRC (3)	3C (2)	1B	1B	1A	Basso
Pioglitazone	1A	1D	Fratture	1A	1A	1E	1A	Medio
Acarbosio	1A	1D	Rari	2B	2B	3C	1C	Basso
Gliflozina	1A	1A	Infezioni GU	3C	2B	2B	1A	
Insulina basale	1D	1A	Rari	1B	1A	1B	1A	Medio

In presenza di un fallimento della terapia iniziale volta a modificare lo stile di vita, prescrivere metformina, che dovrà accompagnare sempre, se tollerata e non controindicata, ogni altro farmaco, alla dose di almeno 2 g/die. Se fallisce la metformina, aggiungere un secondo o anche un terzo farmaco secondo lo schema indicato, valutando comunque la possibilità di inserire una terapia insulinica, anche temporaneamente. Sebbene un approccio fisiopatologico nella scelta del farmaco da associare alla metformina appaia il più razionale, non esiste alcuna evidenza che lo stesso sia maggiormente efficace o indicato. Al contrario, i possibili effetti collaterali o pleiotropici dei farmaci sono noti e dimostrati e devono essere considerati nella scelta terapeutica.

Nota: in presenza di $\text{HbA}_{1c} > 2\%$ all'obiettivo, iniziare direttamente terapia combinata, eventualmente anche con insulina solo saxagliptin: minimo rischio per scompenso cardiaco; non dati per altre molecole alcuni farmaci di questa classe non hanno metabolismo renale, ma non hanno comunque indicazione in scheda tecnica solo per glibenclamide, possibili rischi cardiaci.

Colori:

- effetto o parametro negativo o sconsigliato
- effetto o parametro parzialmente negativo o sconsigliato
- effetto o parametro positivo o probabilmente positivo
- il farmaco non ha effetti significativi sul parametro o viene dato un giudizio neutro

Sigle: rappresentano il grado di evidenza (1-6) e di forza (A-E).