

# Diabetes

## a case study on strengthening health care for people with chronic diseases

### The role of Italy



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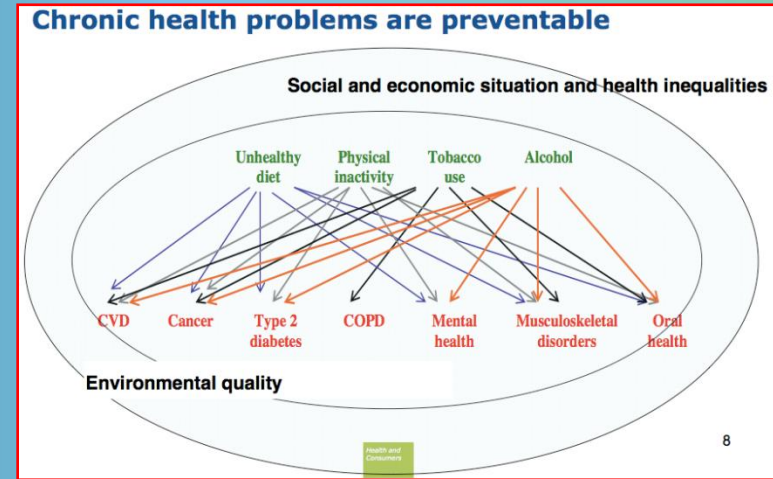
The challenge facing health policy-makers today is how to put in place a response that better meets the needs of people with complex chronic health problems as diabetes.

Many health systems are still largely built around an acute, episodic model of care.

# Why a work package on diabetes?

Chronic diseases can be prevented and controlled using available knowledge

Taking care of lessons learnt through experiences and suggestions by Member States, WHO, international organizations,...



Diabetes is considered a paradigm of chronic disease, and is often the first focus of many changes in disease management

# WP7 - Diabetes: a case study on strengthening health care for people with chronic diseases

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## Objective

The principal objective is to improve coordination and cooperation among Member States to act on diabetes, including the exchange of good practices across the EU

Leader: Marina Maggini  
Co-leader: Jealka Zaletel

# Specific objectives

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- ✓ To improve coordination and cooperation of Member States
- ✓ To focus on aspects of primary prevention, identification of people at high risk, early diagnosis, prevention of complications, and comprehensive multifactorial care, with attention to equity, and how social determinants may affect people's access to care
- ✓ To explore the significance of health literacy and patient empowerment
- ✓ To support the development and implementation of Member States' National diabetes plans

## Tasks

**1. Prevention of diabetes: focus on people at high risk**

**Task Leader: Jaana Lindström, Finland**

**2. Secondary prevention of type 2 diabetes**

**Task Leader: Ulrike Rothe, Germany**

**3. Non-pharmacologic interventions - Health promotion interventions**

**Task Leader: Monica Sørensen, Norway**

**4. Education strategies and approaches**

**Task Leader: Andrea Icks, Germany**

**5. National diabetes plans**

**Task Leader: Jelka Zaletel, Slovenia**

# Diabetes: a case study on strengthening health care for people with chronic diseases



18 Countries  
25 Partners

# Respond to the WP7 goals





# Identification of existing strategies - WP7 Questionnaires

- One questionnaire on program and practices for prevention and management of diabetes
- One for National Diabetes Plans

The responses to the questionnaire will not be used to examine the performance of policies or programs in any given country, to rank countries according to their policies and programs or as a benchmarking tool.

# Questionnaire on practices for prevention and management of diabetes in EU member states

## **First phase**

to provide a structured overview about current programs (interventions, initiatives, approaches or equivalents) that focus on aspects of primary prevention of diabetes, identification of people at high risk, early diagnosis, prevention of complications of diabetes, comprehensive multi factorial care, education programs for persons with diabetes and training for professionals

## **Second phase**

in-depth analysis of the programs identified in the first one.

**Section A** - Prevention of diabetes: focus on people at high risk

**Section B** - Management of diabetes

**Section C** - Education programs for persons with diabetes and training for professionals

a structured description of the main program (intervention, initiative, approach or equivalent) at national, sub-national or local level

a short description of other plans, programs, interventions, strategies, experiences that are worth to be reported

# Evaluation of collected information

## Analysis of practices reported by partners

- Description of practices via semi-structured questionnaire by relevant responders
  - Quantitative
    - based on pre-defined criteria
  - Qualitative
    - why should this practice be considered a good/best practice?
    - how does this practice help in driving the change? Reasons for success (positive lessons learned) and failure (negative lessons learned)
- If necessary, direct interview

## Expected outcomes

A set of good practices to address type 2 diabetes in a comprehensive manner in order to support Member States in a pragmatic and rational way towards more efficient diabetes strategies.

Recommendations to improve early detection and preventive interventions, to strengthen health literacy, patient empowerment and training for health professionals especially, and to develop National Diabetes Plans.

Recommendations to improve prevention of diabetes, and improve the quality of care for people with diabetes, and to develop National Diabetes Plans



cross-national recommendations based on existing knowledge and existing successful strategies

not a guideline



**crosscutting, connecting & engaging stakeholders across sectors,**

All activities of WP7 will by all means support networking to create ground for innovative approaches to reduce the burden of diabetes also at policy level.

# Counteracting NCDs and diabetes the Italian strategy





Knowledge, experiences, good practice  
can be shared to contribute in



driving the change

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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